



Lead

# I know my values

Stage

3

20 mins



Skills builder



## Aim of activity

What's important to you? Know your values and how they make you, you!

## What you'll get out of it

- Know what values are.
- Think of your own values.
- Know what makes you unique.

## What you'll need

- Paper
- Pens
- Sticky tack
- Colouring pens or pencils
- Craft materials (optional)



WE DISCOVER, WE GROW

Girlguiding





# Lead

## Note to leader

Remind yourself of the Girlguiding values so you can explain them to your girls.

## Before you start

Write the Girlguiding values (below) on different pieces of paper and stick them around your space.

- Caring
- Challenging
- Empowering
- Fun
- Inclusive
- Inspiring

A **value** is something you think it's important to be. For example, you may think it's important to be caring. Which could mean that even if you're really busy you'll make time to help a friend who is sad. A good leader knows what their values are and makes sure everything she does fits with them.

## What to do

**1** Everybody say the Promise together. What values does it show? For example, does it mean everyone in guiding promises to be caring, kind or helpful?

**2** Your leader has stuck the Girlguiding values around the space. Look at them and make sure you understand what they mean.

**3** Your leader's going to read out the sentences below. Move to the value you think the sentence matches. For example, 'I want to be kind to others' could be 'caring'. Or, it could be 'inclusive', as it shows you consider other people.

- I want to be kind to others.
- I want to be the best I can be.
- I want to make a difference.
- I want to be happy.
- I want everyone to be involved.
- I want to be a role model.

## Top tip

Don't follow other people. Move to the value **you** think the sentence shows most.

**4** When you've moved to a value, tell the girls near you why you moved to that one. Do you all agree?

**5** Now you know what values are, on your own, think of three values for yourself. They could be the same as Girlguiding values, or completely new ones, like 'brave' or 'innovative'.

**6** Finally, grab a piece of paper. Make a values pledge for the next two weeks. You can make this however you like. You could make a fancy scroll for your pledge or a banner. Over the next week, when you've done something that shows your value, record it on your pledge. For example, if one of your values was 'brave' and you tried out a new sport, you could add a picture of a tennis ball.