

Get ready

You probably think being a leader is about leading other people. But being a leader can also mean leading yourself.

We can develop important skills for leading others through **self-leadership**. This is all about understanding yourself, setting goals and guiding yourself towards them.

This section has some activities to help you understand yourself and your unit. It's a great way to get started before moving on to the Guide leadership challenge and/or Guide leadership in action.

Your name:

You are a:

- Guide
- Rainbow helper
- Brownie helper
- Patrol leader
- Patrol second






I'm so excited and I just can't hide it

Starting something new can feel exciting, overwhelming, or even a little scary. And that's totally normal. Take a moment to think about and write down why you're doing ready, set, lead. What are you most excited about?

Why not set yourself a goal here, and then work towards it? This would be self-leadership in practice!

Who's who?

A big part of being a good leader is thinking about the people around you and how you can support them. This might be the Guides in your patrol or unit, the Rainbows or Brownies you help with, or even your own leaders. Write some notes about a few people you might support as a leader and ask them what they need from you.

		
<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>

Unique me

We're all unique – no one else in the world is exactly like you. Spend a moment thinking about what makes you, you. Is it your age? Your family? Your religion? Your hobbies and interests? Or a combination of lots of different things?

Everyone's different in what they need to feel happy, safe and comfortable. What might **you need** to help you be comfortable as a leader, or as a Guide in general?

- Instructions to be written down.**
- A visual timetable to show you what's happening and when.**
- A quiet space if things get too busy or noisy.**
- Being able to sit down when you need to.**
- A wellbeing action plan to support you.**
- Any dietary requirements or allergies:**

- Anything else you'd like to share:**

These are your **access needs**, and they matter. And remember, other people might have their own access needs too – everyone deserves to feel supported.

Make sure an adult in your unit leadership team knows what support you need to help you thrive and make your time in guiding the best it can be.

Information treasure hunt

Another way of self-leading is taking responsibility to find out key information you need. Every guiding unit has its own traditions and ways of doing things. Hunt through your unit to answer the questions below. You could check out signs, watch activities or quiz your leaders. It's up to you to become a detective and find the information.

How you start your unit meetings

How you end your unit meetings

Do you sing any special songs?

How do you give out badges?

Does your unit have any special traditions?

A tradition is something that's passed on from person to person, often over many years. Some units have traditions like holding a leavers' party for their last meeting of the year, creating photo albums, or using specific flags for special occasions.

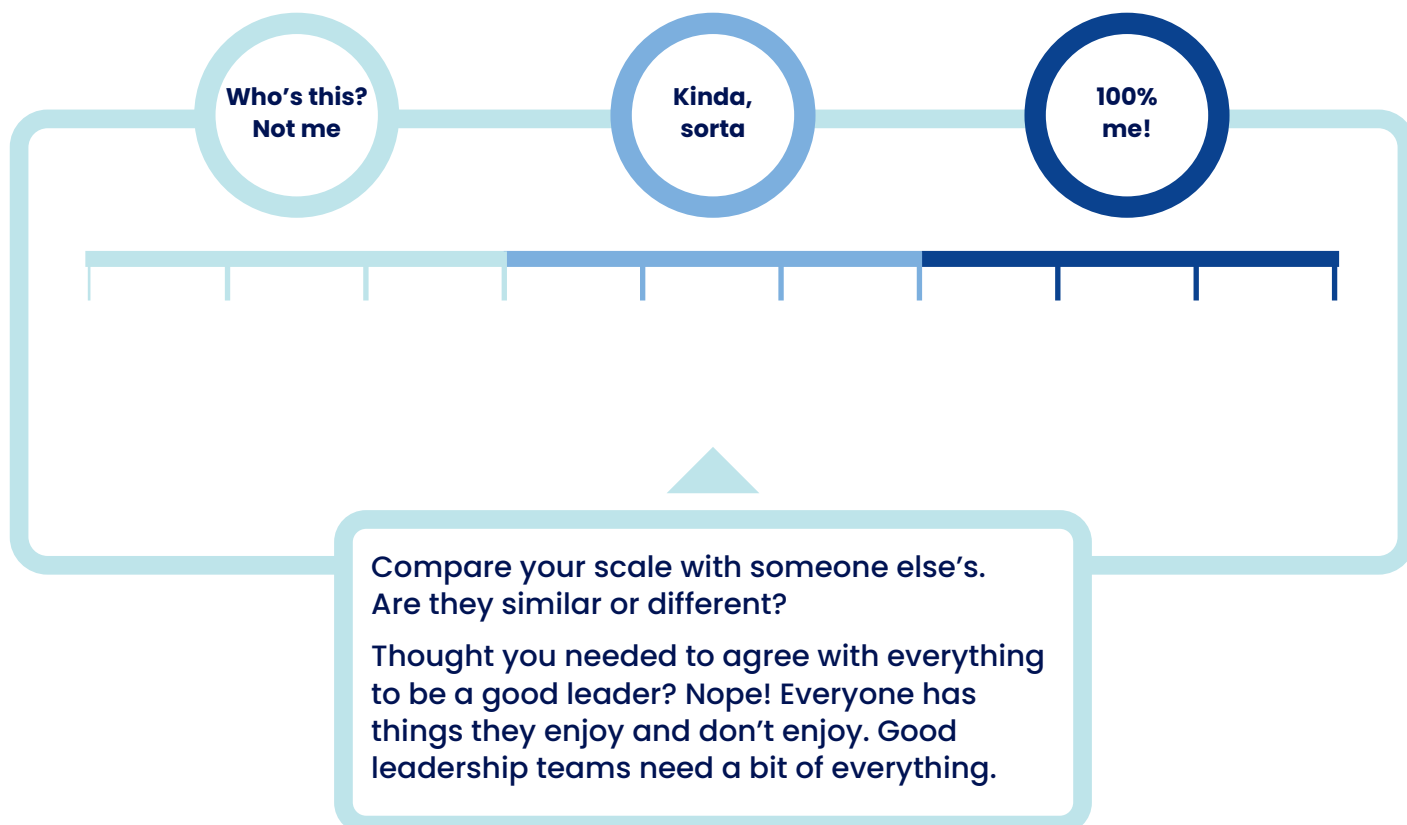


Leadership and me

Take a look at the statements below and think about how much you agree or disagree with them. You can use the scale at the bottom to mark how you feel about each one.

- 1 I prefer to lead rather than follow.
- 2 I'm someone people look to for help.
- 3 I usually take charge and make decisions when others are unsure.
- 4 I enjoy public speaking or speaking in front of a group.
- 5 I usually finish my homework on time.
- 6 I'm usually the loudest in the room.
- 7 I enjoy organising or running activities for my unit.
- 8 I support and look out for the other girls in my unit.
- 9 I'm usually good at staying calm and organised during challenges or emergencies.
- 10 I enjoy getting people involved in group activities and making sure everyone has a role.

Draw a symbol or write the number of each statement on the scale below to show how you feel about each one.



Ready, set, lead progress tracker

Leadership can mean lots of things, but one way you can be a leader is to take control of your own life. So use this section to help keep organised for each step in your journey.

Guide leadership challenges



The leader I want to be

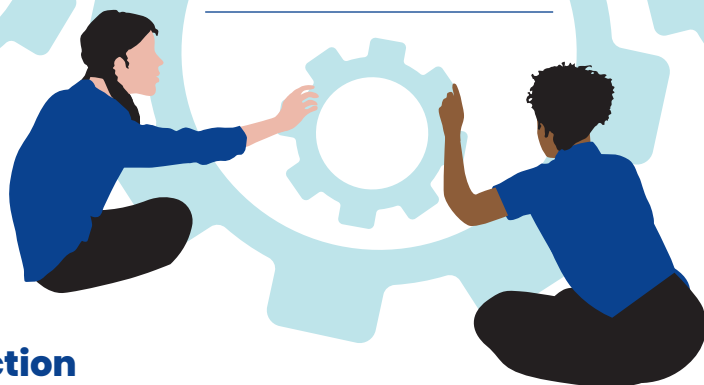
Keeping safe



Making a difference



Running activities



Guide leadership in action tasks



The leader I want to be

Keeping safe



Making a difference



Running activities

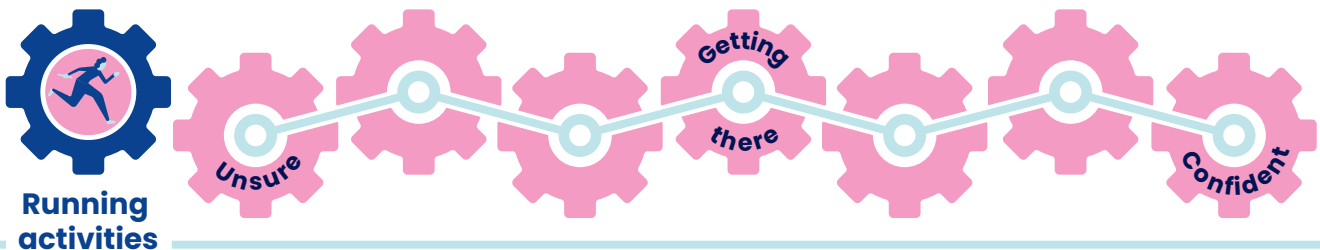
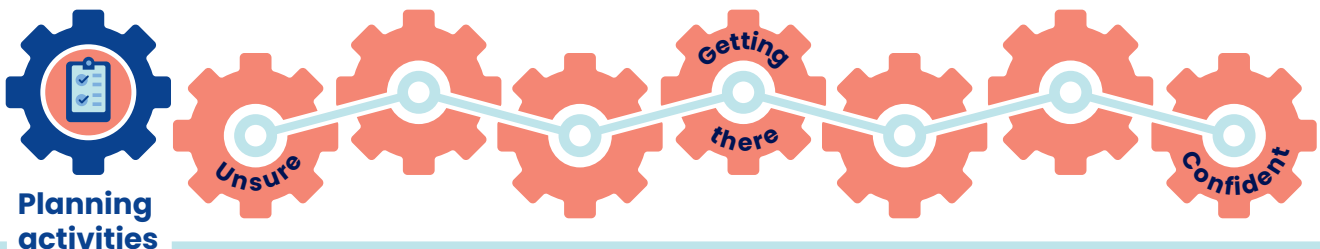
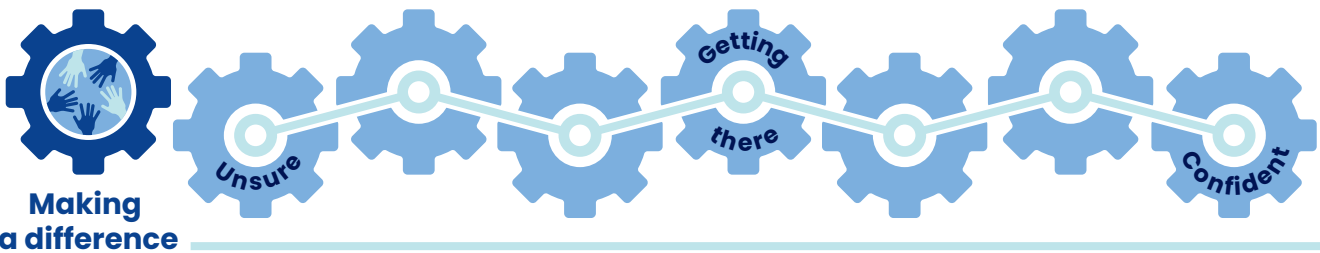
Colour me confident tracker

These trackers are here to help you think about how your confidence has grown through doing the challenges.

Remember: it doesn't matter if you don't reach confident in every area. Hopefully you'll feel a bit more confident than when you started.

Confidence tracker:

Fill out the bars to show how confident you feel about each area when you start. Come back to them after you've done the activities - has it moved at all?



Get set – Leadership challenge





To achieve your Guide leadership challenge badge, you'll need to complete **12** challenges in total. Choose **4** from 'the leader I want to be' and **2** from each of the other leadership areas. Chat with your unit leader and use this space to help you plan when you'll do each activity.

Leadership area	Challenge	Date	Signed
 The leader I want to be			
			
			
			
 Keeping safe			
			
 Making a difference			
			
 Planning activities			
			
 Running activities			
			

Lead! – Leadership in action

Now is your chance to put your leadership skills into action.

You need to complete **15 tasks in total** to achieve your Guide leadership in action badge. Choose 2 tasks from each leadership area. The rest can be from any area or you can even create some tasks of your own. You can record them all here.

Leadership area		Task	Date	Signed
 The leader I want to be	1			
	2			
 Keeping safe	3			
	4			
 Making a difference	5			
	6			
 Planning activities	7			
	8			
 Running activities	9			
	10			
	11			
	12			
	13			
	14			
	15			