HANDOUT FOR GIRLS IN RAINBOWS, BROWNIES AND YOUNG WOMEN IN GUIDES

We're going on a journey

What you do in Rainbows, Brownies, Guides and The Senior Section is changing

A little while ago...

We asked you what you'd like to do more of in Girlguiding. You told us that you really enjoy crafts and earning badges, but that you'd like more adventures, and to learn more skills that will help you now and in the future.

What's happened since?

We listened to everything you said and will be making some changes to what you do in Girlguiding. Lots of things are going to stay the same: you'll still have your Promise and your uniform, you'll still do fun activities and trips away, and earn badges and make friends. And it will still be just for you girls!

But we're making it even more fun and exciting. There will be lots of new things to try, and new badges to earn – we'll even be celebrating your Girlguiding birthdays! And it will be easier for you to continue your adventures, from Rainbows right up to Guides and The Senior Section.

What can I do?

It's a big change, so it won't be fully finished until 2019. We'll need your help testing everything to make sure we've got it just right, so you'll get to try out some fun new activities. If you have any questions, your Leaders are here to help.

The 6 themes

KNOW MYSELF

EXPRESS MYSELF

BE WELL

HAVE ADVENTURES

TAKE ACTION

SKILLS FOR MY FUTURE

Find the right match

Can you match the theme titles to things you are likely to do? Or why not complete the game as a unit by placing the themes across your meeting room. Your Leader will read out the things you are likely to do and you should run to the theme you think is most relevant.

I will do things like...

1. **Help in my community, write to an MP, recycle, fundraise**
2. **DIY, bike maintenance, look after my money**
3. **Do exercises, learn about healthy eating, learn about personal safety**
4. **Draw, paint, dance, act, speak in public**
5. **Visit new areas, do a new activity, go camping**
6. **Write a diary, talk about my feelings, learn about different cultures**

WE DISCOVER, WE GROW Girlguiding

Answers: Know myself = 6, Express myself = 4, Be well = 3, Have adventures = 5, Take action = 1, Skills for my future = 2