

# Pick your battles

5

Stage





# What you'll get out of it

- Explore prioritising things in your life.
- Make decisions.
- Work as a team.

# What you'll need

or girls can find

on the internet.

these themselves

#### For each group:

- A camera
- Paper
- Pens
- Colouring pens
- Printed lyrics to a song

#### For everyone:

- A few balls
- · Ball, I per girl

# Aim of activity

You don't need circus skills to be an expert juggler. Juggling tasks is a task in itself. Manage lots of tasks all at once and practise the art of prioritising.





At the end of step 3 explain the challenges to the girls and their time limit. Then put everyone in breakout rooms. Make sure there's a leader in each one. Bring everyone back for step 5.

Find five round items in your house and show them on camera.

# Before you start

Your leader will draw stars on pieces of paper and hide them around the space. There needs to be one per group.

Leave the rest of the roof the space.

Everyone have a unique virtual background.

A good leader knows how to prioritise. This means that they plan their time and decide which tasks they should do first to make sure they meet their aims and deadlines.

	Challenge	Points
	Take five selfies with different people	Two points per
1	Find a hidden star	Five points
	Write a five-line poem about your unit that rhymes	Eight points
	Draw a self-portrait each, using at least three colours	Two points per self-portrait
	Everyone in your group throw a ball and catch it 20 times	Five points
	Learn the lyrics to a song's	Ten points
	verse and chorus and recite	
	them to your leader	

# What to do take turns to

- Form a circle and pass a ball to each other in any order. Each time you get the ball, say something you have to juggle in your everyday life, like homework, a part-time job or friends. Try to make your answer unique.
- How challenging was this to do with one ball? Keep going and adding balls. Every time you add a ball, introduce a challenge. For example, each time you throw a ball you have to turn around. Is it harder to keep up with more things? Do you think this is the same as juggling things in real life?
- Now you've thought about juggling tasks, it's time to put it into practice! Get into teams of around four. You're going to go head-to-head to earn the most points by doing the challenges in the next box.

For step 2 play <u>Pass the pen</u> from the Adventures at home hub, adding in more objects as we go along.

- You've got ten minutes to do as much as you can. Before you start, you have one minute to think of a team strategy. Which tasks will you prioritise? Will you try to do the easiest or hardest first? Grab a pen and paper to record your team's scores.
- When ten minutes are up, your leader will announce the winner. What was their team strategy?
- On your own, think about tasks you need to do and prioritise them over the next week.

### Try it this way

Write out your task list for the week, and prioritise your tasks using a colour code. For example:

- Red needs to be done urgently
- Amber needs to be done but I've got a bit more time
- Green isn't urgent

By doing this, you can see what you should do first and be super organised!