



Take Action



30 minutes



Challenge yourself

**Take it further**

Why not share your thank you online for other Ranger units to see.

**RANGERS**

# Think and thank

**What you'll need:**

- Paper
- Pens
- Sticky notes

**Aim of activity**

Take time to appreciate someone who helps in your community and make them feel special by thinking of ways to show thanks.

- 1 Chat together about the last time you were thanked for something. What was it for? How did it feel to be appreciated?
- 2 Everyone grab a sticky note. Secretly write down a person or a group of people who contribute to your community in a positive way, who you'd like to thank.
- 3 Stick your sticky note to the forehead of someone else, without them seeing.

4 Sit in a circle and look at everyone else's sticky notes. Go around the circle and try to guess who is on your head. You can only ask 'yes' or 'no' questions. You can ask one question at a time before the next person asks their question. Keep playing until everyone has worked out who they are.

5 Write some more people down on sticky notes and play again. Use different people to the first round.

6 Now come up with all the different ways you could thank someone. It could be writing a note, or asking the local paper to print an announcement.

7 As a group, pick someone in your community to thank. Why do you want to thank them? Look at your list. What's the best way to do it? For example, if your community has police officers that patrol the neighbourhood, you could take them a cup of tea to thank them for keeping your community safe and keep them warm while out walking.

8 Make your thank you into a reality? Plan your thank you and put it into action. How did it feel to say thank you?

**TOP TIP**

You could choose people who don't often get recognised for what they do, like your local rubbish collectors

