

RAINBOWS

Hobby-tastic!

Express
Myself

30 minutes



Give it a go

A hobby is something people regularly do for fun. There are lots of different kinds of hobbies. Some people love music, so they learn to play an instrument. Others love food, so they enjoy cooking. There's a hobby out there for everyone!

What you'll need:

- A large, clear space

Aim of activity

Are you a painter, a baker or a hula hooping roller skater? Share your interests with your unit to learn about other hobbies and be inspired to try out a new one.

- 1 Raise your hand if you have a hobby. Tell your unit what you like to do for fun. Hobbies don't have to be things that cost money – it's something you enjoy! Would you like to try out a hobby that someone else has talked about?
- 2 As a unit, choose four hobbies. Make actions up for each of them. Practise until everyone knows the actions.
- 3 Choose one Rainbow to be the hobby master and stand in the middle of a space with their eyes closed. Everyone else stands on one side of the space.

4 Everyone think of one hobby and each do that action – but don't say it out loud! When everyone is acting, the hobby master calls out one of the chosen hobbies.

5 If you're doing the action the hobby master called out, move across to the other side of the space – you're safe! When your leader says 'All hobbies', everyone else must try to get to the other side (while doing their action) without being tagged by the hobby master. If you've been tagged, you must freeze where you are.

6 Keep playing, calling out different hobbies each round. Girls who have been tagged can try to help the hobby master tag. Stretch your arms out, but don't move from your spot!

7 Choose another hobby master, new hobbies, and play the game again.

8 Hobbies are a lot of fun! Have you tried any of the Rainbow interest badges yet? Why not choose one to work on – it might become your next favourite hobby! Share what badge you did with your unit next week.



TRY IT THIS WAY
Everyone closes their eyes so they don't know what hobby everyone else has chosen