



Know
Myself



20 minutes



Jump
straight in

RAINBOWS

Chattering teeth

What you'll need:
No equipment needed

Aim of activity

Chat with your friends but be careful not to show your teeth! Can you make it through this ice breaker without flashing a smile?

Try it this way
Add in acting, singing and dancing to make the tooth tellers laugh. You could also try some jokes.



1 Sit in a circle. Let's warm up your face first. Scrunch it up as tight as possible and count to five. Now make it as big as possible and count to five.

2 Next, turn to the Rainbow beside you and make the funniest face you can. Did they laugh? Try a different face for the person on your other side. Which one worked best?

3 Ready to play? Everyone hide your teeth by covering them with your lips. Now no one can show their teeth when talking!

4 Choose someone to go first. They are the tooth master. The tooth master moves into the centre of the circle and chooses someone else to be the tooth teller.

5 The tooth master asks the tooth teller about something they like, for example, 'I like cheese, do you like cheese? Will you be my friend?' All without showing any teeth. Their voice will sound silly, but try not to laugh because it's hard to keep your teeth hidden when you're smiling!

6 The tooth teller replies, 'I do (or don't) like cheese and/but I will be your friend,' – also without showing teeth!

7 If the tooth teller manages to answer without showing any teeth (even if they laugh), then the tooth master must try someone else. But if they show their teeth, the tooth teller becomes the tooth master!

8 If anyone sees any teeth at any time (not just from the tooth teller or tooth master) they must shout, 'Teeth, teeth,' also without showing their teeth, and point with their elbows. Anyone showing their teeth is out!

9 Keep playing until everyone has had a turn at being the tooth master.

TOP TIP

Why not use your funny face too? But remember, don't show your teeth!