

# Bowled over



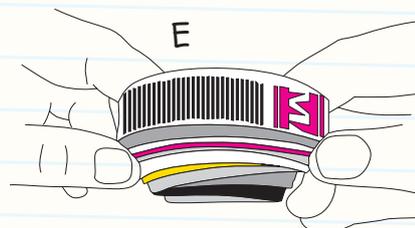
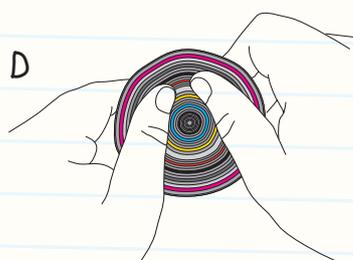
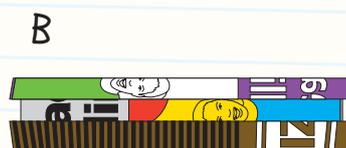
3D craft  
and design



60 mins



Give it a go



## Aim of activity

Get your fingers folding as fast as they can and make an eye-catching upcycled bowl to use in your home.

## What you'll get out of it

- Explore how waste items can be upcycled into something useful and attractive.
- Develop your paper craft skills.
- Work as a team.

## What you'll need

### For the unit:

- Newspaper
- Timer
- Sticky tape, 2 per group

### For each girl:

- Magazine
- Scissors
- A pot of PVA glue
- Paintbrush

## Note to leader

Ask girls to bring in magazines from home or collect free ones.



WE DISCOVER, WE GROW

Girlguiding



## Before you start

Set out a space covered in newspaper with the PVA glue and paintbrushes.

We all create a lot of waste. But we can reduce this by turning our rubbish into something useful and beautiful. Have a go at creating your own upcycled bowl.

## What to do

- 1 Get into Patrols and each take a magazine.
  - 2 The first part of your activity is a time trial to create the material for your bowls. Fold as many strips as you can. You've got ten minutes. Go!
- Strip making**

  - Tear a page from a magazine and fold it in half lengthways.
  - Tear or cut along the fold.
  - Take one of the strips and fold it in half lengthways, then unfold.
  - Now fold each side into the centre, as in picture A.
  - Fold the sides into the centre again, then fold in half to make a long strip, as in picture B. Your final strip should be about 1.5cm wide.
  - Make sure you lean on the fold, so it doesn't come undone.
- 3 When time's up, share the strips out equally between your Patrol. Lay yours out end to end and tape them together, like in picture C.

- 4 Take one end of your strip and start to tightly roll it up. Make sure you keep your roll tight and don't let go. When you reach the end, tape it down.

## Top tip

Rolling your strip flat on the floor can help keep it tight.

- 5 Your rolled strips will now look like a disc. Turn it into a bowl by gently pushing down each layer and spreading out the coils, as in pictures D and E.

- 6 When you're happy with the shape of your bowl, seal the inside by coating it with PVA glue.

## Top tip

Mix a little water into the glue for easier application and to hold the shape of your bowl.

- 7 Allow to dry for five minutes while you admire your bowls. Which one stands out, and why? How would you change the bowl design if you made it again?

- 8 When the five minutes is up, turn your bowl over and cover the outside with PVA glue and leave to dry while you tidy up. What could you use your bowl for?