



WE DISCOVER, WE GROW

Girlguiding

Example virtual meeting agendas

These examples are based on a 40-minute virtual meeting. This is because the most popular digital platform, Zoom, has a 40-minute limit for free accounts.

Section	Activities planned	Time
Rainbows - Week 1	Welcome - Rainbow chat whilst everyone is arriving - what interest badges are you interested in or introduce their favourite toy.	5 mins
	Ice breaker - Play ' Pass the pen ' virtual game as an ice breaker once everyone has arrived.	5 mins
	Main activity Share your screen and play the ' Paint the past ' unit meeting activity video from Know Myself, via our new How to video series - Girls can easily follow along with the videos and you can pause at any time. OR Choose another programme activity, such as ' Splat bang zoom ' unit meeting activity from Express Myself. You will need to adapt the game by telling girls to do the actions and movements in front of their camera.	20 mins
	Wrap up - Sing the Rainbow song and give girls the choice of a few activities and games to play next week and incorporate into your planning.	10 mins

<p>Brownies - week 1</p>	<p>Welcome - Whilst everyone is arriving ask girls what's the favourite thing they've done this week.</p> <p>Ice breaker - Play 'Guess who' virtual game as an ice breaker once everyone has arrived.</p> <p>Main activity</p> <p>Share your screen and play the 'Vortex' unit meeting activity video from Skills For My Future, via our new How to video series - Girls can easily follow along with the videos and you can pause at any time.</p> <p>OR</p> <p>Choose another programme activity, such as 'Pop up cards' from Express Myself. If you're running out of time, girls can finish them off in their own time and do a show and tell at next weeks meeting.</p> <p>Wrap up - Show girls this month's Challenge of the month on Adventures at Home and challenge them to complete one thing from the ideas list. Ask girls what programme theme or other activities they want to do next week; you could give them a choice of activities or they could suggest their own.</p>	<p>5 mins</p> <p>5 mins</p> <p>20 mins</p> <p>10 mins</p>
<p>Guides - week 1</p>	<p>Welcome - Allow girls to catch up with each other whilst they're arriving.</p> <p>Ice breaker - Play 'Are you up for the challenge' virtual game as an ice breaker once everyone has arrived.</p> <p>Main activity</p> <p>Share your screen and play the 'Prepare to be amazed' unit meeting activity video from Express Myself, via our new How to video series - Girls can easily follow along with the videos and you can pause at any time.</p> <p>OR</p> <p>Choose another programme activity, such as 'Paper pilots' from Skills For My Future. You will need to adapt the activity by girls</p>	<p>5 mins</p> <p>5 mins</p>

	<p>making individual planes and testing their planes in their own home and reporting back to the group. Instead of a competition, you could set a few challenges; try to make your plane go as high as possible and then as far as possible.</p> <p>Wrap up - If you played the 'Prepare to be amazed' activity, share the other tricks from this unit meeting activity card and ask girls to challenge themselves at home over the week. Ask girls what programme theme or other activities they want to do next week, you could give them a choice of activities or they could suggest their own.</p>	<p>20 mins</p> <p>10 mins</p>
Rangers - week 1	<p>Welcome - Allow girls to catch up with each other whilst they're arriving.</p> <p>Ice breaker - Play 'Dance party' virtual game as an ice breaker once everyone has arrived.</p> <p>Main activity</p> <p>Share your screen and play the 'Jianzi' unit meeting activity video from Be Well, via our new How to video series - Girls can easily follow along with the videos and you can pause at any time.</p> <p>OR</p> <p>Choose another programme activity, such as 'Hiero-biscuits' from Know Myself. You will need to adapt the activity by asking girls to show their hieroglyphic via their camera and everyone else needs to guess and then you can ask girls to create a virtual story with them.</p> <p>Wrap up - More time for girls to catch up with one another. Ask girls what programme theme or other activities they want to do next week, you could give them a choice of activities or they could suggest their own.</p>	<p>5 mins</p> <p>5 mins</p> <p>20 mins</p> <p>10 mins</p>