



Know
Myself



60 minutes



Challenge
yourself

Before you start

Your unit will need cut-out card templates of 15x15cm squares.

Stay safe

Remember to take your time and work carefully when using a needle. Make sure you always put it down safely, where it can't prick someone. Then hand it back to your leader at the end of your unit meeting.

BROWNIES

Brownies squared

What you'll need:

- Card, pens, scissors and glue
- A range of different fabrics

For each girl:

- A needle, pin and thread
- Cotton wool

Note to leaders: fabrics can come from old clothing or bed clothes. If you would rather not sew, you could use fabric glue.

Aim of activity

Create a colourful blanket for your unit by exploring your favourite things.

- 1 You're going to make a blanket to represent your unit's favourite things. Every Brownie will have her own blanket square.
- 2 To create your square, everyone draw round a square template three times. Use a different fabric for each one. Then cut them out.
- 3 Now think of your favourite things, and draw three of them on one square. Draw

clear shapes like a star or music note. If you're stuck, think of your favourite hobby or animal.

- 4 Cut your favourite things out and sew or stick them to another one of your squares.
- 5 Take your third square and line it up with the one you have decorated. Carefully pin them together with your pictures facing out.
- 6 Using a needle and thread or fabric glue, sew up three sides of the square.
- 7 Use cotton wool to stuff your square through the open side, then sew it shut. Make sure you don't over-stuff it or the edges won't join.
- 8 Work out the best way to join all the squares by placing them on the floor in a pattern you want. Then take turns to carefully sew or stick them all together. Hand your needle back to your leader when you're done.
- 9 Once your blanket is finished, lay it out so everyone can see. Can you guess who each square belongs to?



TRY IT THIS WAY
As a unit, you can decide when you're going to use your blanket – perhaps at Promise ceremonies or at camp?