

Welcome to



Becoming a Rainbow is a whole new world.

Rainbows is for girls aged 5-7 (4-7 in Northern Ireland). Being a Rainbow is all about having the space to try new things and have fun. Through taking part in a range of different activities with girls their own age, Rainbows develop self-confidence and make lots of new friends.

What do Rainbows need?

Rainbows don't need anything in particular to get started - as long as they're in sensible clothes and shoes (think fun and active) then they can join in straight away. Your daughter's Rainbow leader will talk to you in the first few weeks to organise things like uniform, once your daughter has settled in.

Girlguiding produces everything you'll need - comfy Rainbow uniform, a Rainbow handbook (which tells your daughter all about being a Rainbow), and a range of Rainbow accessories and resources to help her feel at home in guiding. You can buy these online at girlguidingshop.co.uk, from our Guiding Essentials catalogue or from our local volunteer-run shops. Only if you buy directly from us can you be sure that 100% of profits stay in guiding, enabling us to offer life-changing opportunities to even more girls and young women.

If you have any questions about what your daughter needs to get started in Rainbows, please speak to your daughter's leader.

What does it cost to be a Rainbow?

All Girlguiding groups (also called 'units') charge subscriptions or 'subs' to cover the costs of equipment, activities and hiring the meeting place. These can be paid weekly, monthly or each term. There's also an annual subscription paid by all members that covers the day-to-day running of our charity and your local guiding area. This is sometimes included in subs.

Because all Girlguiding units are different, and do so many different things, costs can vary. Your daughter's Rainbow leader will let you know the costs for your unit and when these can be paid. There's usually an extra charge for special activities, days out, residential events and holidays. Your daughter's unit leader will share all the information you need about these in advance - so look out for more information.

We try to make guiding affordable for all girls and there's help at hand if you can't meet the costs. If you're concerned about any of these costs, speak to your daughter's unit leader and she can tell you about ways we can help, including our grants.

As Girlguiding is a charity, if you pay income tax we can use Gift Aid to claim 25p for every £1 you give us, including for your daughter's subs. So we'd really appreciate it if you'd sign the Gift Aid form on p7: the extra money will go straight back to your daughter's unit.

Supporting your daughter in Rainbows

As a parent/carer/guardian you have an important role in making sure your daughter can get the most from her guiding experience. Here's just a few ways you can help:

- **Taking part**
We'll assume you're happy for your Rainbow to take part in activities at normal meeting time and place, but if we're going off site or doing something more adventurous we may need you to fill in a consent form.
- **Encourage her to get involved**
Bring her along to regular unit meetings and encourage her to take part in special events. There may be times when she can't make it, if so let the unit leader know.
- **Look out for important information**
Your daughter's leader is a volunteer who's running the unit in her spare time. To support her in organising activities and opportunities for your daughter, look out for information, and then return paperwork (such as consent forms) and make any payments on time. If there's any problems let the leader know as soon as possible.
- **Keep your information up-to-date**
Including things like: contact details, medical conditions, changes in family circumstances, emergency contact details and who'll be dropping off and collecting your daughter from the unit meeting. If things change it's important to let the unit leader know so she can update her records and continue to keep your daughter safe.
- **Support at home**
There will be things for your daughter to try at home, so any support you can give her with these activities will help her to progress in Rainbows, and earn badges and awards along the way. If you have concerns about the support your daughter might need at home, please speak to your daughter's unit leader.

Moving on from Rainbows

Once your daughter turns seven years old, she can continue her Girlguiding journey in Brownies, for girls aged 7-10. When this time comes, your daughter's Rainbow leader can tell you everything you need to know and support you and your daughter to make the move.

Unit details

Unit name

Meeting place

Meeting day/time

Unit email

Facebook/Twitter

The _____ unit subscription is _____ .
This unit subscription _____ includes _____ excludes _____ partly pays for the Girlguiding annual membership subscription.

Leaders

Unit main contact

Landline

Mobile number

Email

Unit secondary contact

Landline

Mobile number

Email

Area support

Your daughter's unit is part of a wider Girlguiding family.

Her unit is part of _____ .

This is within _____ County
in _____ Country/Region.

We take your concerns seriously. If you ever need to talk about an issue with someone other than your unit leader contact the local commissioner in the first instance, or our national support team through our website: girlguiding.org.uk

Local commissioner

Name _____ Phone number _____

Email _____

Buying guiding uniform, gifts and resources

To find your nearest Girlguiding or volunteer shop ask your leader, call **0161 941 2237** or visit girlguidingshop.co.uk > Shop Locator.

You can buy your guiding essentials online at girlguidingshop.co.uk

To order by phone from your latest Guiding Essentials catalogue call 0161 941 2237. _____ Opening times

For any buying queries please email us at tradingshop@girlguiding.org.uk _____ Phone number
_____ Email

Once completed, please pass pages 1 & 2 to the applicant's parent/carer/guardian.

What will you do with my data?

It's simple. We need the information you share with us to run our exciting activities and to satisfy our legal responsibilities. We'll keep it safe for as long as your daughter is an active member.

We promise we'll only share your information if:

- you ask us to
- the law requires us
- in order to comply with our policies so your daughter can enjoy an activity safely
- we carry out market research
- it's in the public interest

Don't worry - we'll never sell your data or share it for any other reason.

Girlguiding is the registered data controller* for all our members' personal information, both in the UK and around the world.

Want to find out more about how we use your information - and your rights?

Visit girlguiding.org.uk/privacy-policy

* The organisation that manages and looks after your data

Essential information

We copied the information below from the Girlguiding 'Join' enquiry you filled in. It's essential the information we collect, store and use for your daughter's membership is accurate. **If there are any mistakes or omissions, please correct them.**

Membership

Name	Preferred name
Date of birth	School

Parent/carer/guardian's details

Name	Relationship
Address	
Landline	Mobile number
Email	

Emergency contact details (person to contact if parent/carer/guardian above is not available)

Name	Relationship
Address	
Landline	Mobile number

Transport arrangements (all sections to be completed by parent/carer/guardian)

Nothing is more important than your daughter's safety, so we need to know who'll be accompanying her to and from meetings. (If this information changes, please inform your leader immediately.)

Dropping off

Collecting

Additional information request

To ensure your daughter is able to participate and enjoy a range of guiding opportunities during her membership, we ask that you complete the following health information. Please add details of any dietary requirements, medical conditions, disabilities or special educational needs (SEN).

Do you consider your daughter to be disabled? Yes No

Does your daughter have a hearing impairment? Yes No

Disabilities

Medical or
additional
needs

Allergies

Dietary
requirements

Once completed please ensure the information on pages 3 & 4 is recorded on GO. Paper copies should be securely destroyed.

Photographic consent

We sometimes take photos and/or videos during our activities, but we won't use images of your daughter without your permission. Please tick ONE of the options below.

I am happy for photographs/videos to be taken of my daughter during guiding activities and used in national and local Girlguiding publicity, communications, publications or digital channels (eg websites, social media).

I am happy for photographs/videos to be taken of my daughter during guiding activities for use within the unit only, not used for national and local Girlguiding publicity, communications, publications or digital channels (eg websites, social media).

I do not wish any photographs/videos to be taken of my daughter while she undertakes guiding activities.

Please note: Our photo/video permissions are different for large-scale events (for more than 100 participants). In these cases, the consent form will clearly state that you should tell your unit leader if you don't want any pictures/video of your daughter to be taken at the event.

Communications

To deliver good quality guiding, local leaders will need to communicate with members or young member's parent/carer/guardian. We need to be able to tell you the information, that you need to know, so together we can participate in great local guiding. The unit leader may also need to contact you about any last-minute changes to our plans. Please speak to your unit leader to find out more.

Phone numbers

I am happy for my daughter's leader to store my telephone number on her personal mobile phone.

Confirmation

I confirm that the information I have provided on this form is correct at the time provided and that I am happy for Girlguiding to contact me in the ways I have indicated above.

Daughter's name

Signature

Date

Volunteering

We couldn't do any of our work without our volunteers. Every extra adult helping out makes a massive difference - is this something you'd consider? Girlguiding could not run without our volunteers, we have a variety of different roles, if you can help out once a term, once a year or share a skill...

We understand that this won't be possible for everyone, any support you can offer will be very warmly welcomed.

Are you willing to help at meetings? Regularly Occasionally Never

Can you help occasionally with any of the following? Transport Activities Camps or holidays

Other - if you have interests, skills, equipment or anything else that you'd be prepared to share with your daughter's unit at some point, we'd love to hear from you. Please give details.

You can also register your interest to volunteer on our website at girlguiding.org.uk/interested

Once completed page 5 should be kept in a secure location for the duration of membership.

This sheet is deliberately left blank.

Gift Aid declaration

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Past, present and future donations to Girlguiding

Unit name

Unit charity number if applicable*

* Do not enter the central Girlguiding charity number unless you wish the central charity to receive the Gift Aid.

Please treat as Gift Aid donations all qualifying gifts of money made

today in the past four years in the future

I am a UK taxpayer and understand that if I pay less income tax and/or capital gains tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Donor's details (please print in black ink)

Title First name or initial(s)

Surname

Address

Postcode

Signature

Date

Please notify Girlguiding if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay income tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your self-assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Once completed page 7 should be kept in a secure location for 7 years and then securely destroyed.