



# Young leader development programme

## Delivering activities



### **Delivering activities**

#### Aim of the module:

Fun-filled activities are at the heart of a guiding meeting. Practise leading a variety of games, unit meeting activities, skills builders and activities beyond our programme, making sure they're right for the girls in your unit.

#### What you'll get out of it:

- Explore different ways of leading games and activities.
- Take the lead running different types of activities and reflect on how they went.
- Try adapting activities to make them work for your unit.



Not sure where to start or want to build your confidence first? Check out our discovery resources and training materials on the <u>Girlquiding website</u> or ask your young leader coordinator.

#### Name:

Time to dive in! Work with your unit leadership team to complete these tasks in any way that suits you.

Tasks	Leader initials	Date
Observe all the leaders in your leadership team to see the ways they lead and how they run different activities. Reflect on what you observed.		
Take the lead in running 3 different types of activities and explore where girls can help take the lead:  1 unit meeting activity  1 skills builder activity  1 non-programme activity  Afterwards, reflect on how they went.		
Run an activity where you plan to adapt a key element so it works for your unit (you could ask another leader to support you with which element or elements to change).		

#### Reflection

Think about everything you've done to complete the tasks and take time to reflect on the activities you ran.

- Did the girls enjoy them? What did they like most?
- What went well? What was difficult?
- What would you change in future?
- Did you learn anything new?



#### You did it!

You've completed delivering activities.

You've got skills in:

- Facilitation (running activities)
- Taking inspiration from others
- Problem solving
- Decision making
- Evaluating

#### Want to build on your new skills?

Check out these modules:

- Running activities safely
- Keeping it kind
- Supporting inclusive spaces

Once you've completed 4 modules, talk to your leader and they'll award you your next badge.

