



Trainers' Resource

What is it for?

The aim of this session is to:

- enthuse participants and increase awareness of the wide variety of international experiences available to all members of Girlguiding.

The objectives of this session are to enable participants to:

- have a greater awareness of the World Association of Girl Guides and Girl Scouts (WAGGGS) and the countries that are members
- have more of an understanding of where they fit in the WAGGGS family
- be able to locate WAGGGS resources and create opportunities to use them in the unit
- put together some exciting information about international opportunities to take back to the unit, and know where to discover more.

Who is it for?

This session is for Leaders who want to learn more about international guiding and planning an overseas residential event.

How long does it take?

This session takes two hours to run. The three Travelling Abroad... Made Easy sessions and the Further Afield session

also take two hours each. If you wish to run this session and any of the others together you may need to remove some activities, eg icebreakers and introductions, and add some breaks.

What resources do I need?

You will need the resources below to run this session:

- this Trainers' Resource
- handout sheets provided later in this document or available to download from the Girlguiding website. You will need to print or photocopy additional copies of the worksheets where required. Please note that all the handout sheets can be printed as A3 if required
- PowerPoint slides
- projector and screen
- flipchart, marker pens and stand
- laptop.

It would also be useful to have the following resources from Trading Service available:

- *Going Away With Scheme* (order code 6478)
- *Going Away With Guiding* (order code 6045)
- *Health Matters* (order code 6454).

Icon glossary

The following icons are used in this guide.

	Group discussion		Distribute handouts to participants
	Flipchart required		Icebreaker activity
	Group activity		PowerPoint slide to be shown

Session overview

Topic title	Duration in mins (approx)	Resources	Aims and objectives
1. Introduction	15	PowerPoint Sticky notes	Informing participants of the course objectives Introducing yourself and participants to each other
2. What is WAGGGS?	5		Learning about WAGGGS
3. Where do we fit into the world of guiding?	20	PowerPoint Flipchart Pens Handout 1	Finding out about the guiding family in the UK and beyond
4. How do I use WAGGGS resources in my unit?	20	PowerPoint Optional: WAGGGS activity packs Guide Friendship Fund and World Thinking Day leaflets	Discussing the resources WAGGGS produces and explaining the Guide Friendship Fund and World Thinking Day Fund
5. Where are the WAGGGS countries?	20	PowerPoint Activity: World map	Learning about the diversity of guiding around the world and about the four World Centres
6. Departure lounge	20	Advert cards Handouts 2 and 3 PowerPoint	Discussing the different types of international trips which are available to Girlguiding UK members and the international-themed resources available for Leaders to use
7. Guiding all over the world and Summary	20	PowerPoint Optional: Dates of the next Travelling Abroad... Made Easy sessions	Viewing inspiring images and explaining the following Travelling Abroad... Made Easy sessions

Session plan

1. Introduction (Duration: 15 mins)		Activities/ resources
SAY:	Welcome participants to the Discovering International Guiding session of the Travelling Abroad training programme.	Slide 1 
EXPLAIN:	The aim and objectives of the session and how it fits into the Travelling Abroad training programme.	Slides 2-4 
EXPLAIN:	Each person in the session is to say who she is, where she is from, the section(s) she works with and what international experience she has. Ask Leaders to write where they would like to go on a sticky note and display them on a flipchart.	Sticky notes 
DISCUSS:	Discuss international activities that anyone has done in their units.	

2. What is WAGGGS? (Duration: 5 mins)

EXPLAIN:	<p>Girlguiding is a member of the World Association of Girl Guides and Girl Scouts (WAGGGS) which was founded in 1928 as the umbrella organisation for Girl Guiding and Girl Scouting Associations around the world.</p> <p>WAGGGS is the largest organisation in the world providing non-formal education to girls and young women. All ten million WAGGGS members in 145 countries share the same traditions and aims despite ethnic, cultural, religious and economic differences. Each national member organisation accepts the basic principles and values of guiding, and works for the self-development of girls and young women through programmes suited to its own circumstances.</p>	
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3. Where do we fit into the world of guiding? (Duration: 20 mins)

SHOW:	Slide 'Where do we fit into guiding?'	Slide 5 
EXPLAIN:	Use a flipchart to draw a triangle with you and your girls at the top and WAGGGS at the bottom.	Handout 1 'Where do we fit into guiding?' 
GIVE:	Distribute 'Where do we fit into guiding?' (Handout 1, page 6) to participants and ask them to fill it in (if there is time). Participants can take this home.	
SHOW:	Show slide with 'onion model' to clarify understanding.	Slide 6 

4. How do I use WAGGGS resources in my unit? (Duration: 20 mins)

SAY:	<p>WAGGGS develops activity packs, resources and badges based on different themes and campaigns, which are available on the WAGGGS website. Sometimes WAGGGS member organisations adapt resources or create their own based upon the themes or campaigns for use in their own countries. One such WAGGGS theme is 'Together We Can Change The World' and Girlguiding's response to this is <i>Together We Can...</i> Another theme was 'Our Rights, Our Responsibilities' and the Girlguiding response to this was <i>Right Now!</i></p>	<p>Slides 7 and 8 </p> <p>WAGGGS and Girlguiding activity packs.</p>
SHOW:	Show examples of WAGGGS activities and badges, for example the Climate Change badge and slides showing screenshots of the WAGGGS website. More information can be found at www.wagggsworld.org > Take action > Activities and Badges.	
EXPLAIN:	Explain World Thinking Day, and that money is raised by members and donated to the World Thinking Day Fund. Girlguiding also has the Guide Friendship Fund.	World Thinking Day Fund and Guide Friendship Fund leaflets
DISCUSS:	Talk about the Guide Friendship Fund and the World Thinking Day Fund. What are they for? Who do they support? Information can also be found on the Girlguiding website and www.worldthinkingday.org .	

5. Where are the WAGGGS countries? (Duration: 20 mins)

SHOW:	Show PowerPoint slide with a map of the world with WAGGGS countries marked, but without country names given.	Slide 9 
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EXPLAIN:	There are 145 countries across five world Regions that we can visit to meet other WAGGGS members.	
GIVE:	Where are there WAGGGS members in the world? Give groups a world map (Activity 1, page 7) and ask them to identify which colour is which WAGGGS Region and mark where the listed countries are in the world?.	Activity 1: World map 
SHOW:	Show the PowerPoint slide with the correct answers.	
EXPLAIN:	WAGGGS runs four World Centres in London, Mexico, Switzerland and India. These centres offer Guides and Girl Scouts from around the world a warm, friendly welcome and a programme of events and activities which reflect the character of the country where they are located. They provide opportunities for guests from around the world to learn more about other countries and cultures.	Slides 10 and 11 
SHOW:	Show a few slides showing the four World Centres.	Slides 12-15 

6. Departure lounge (Duration: 20 mins)

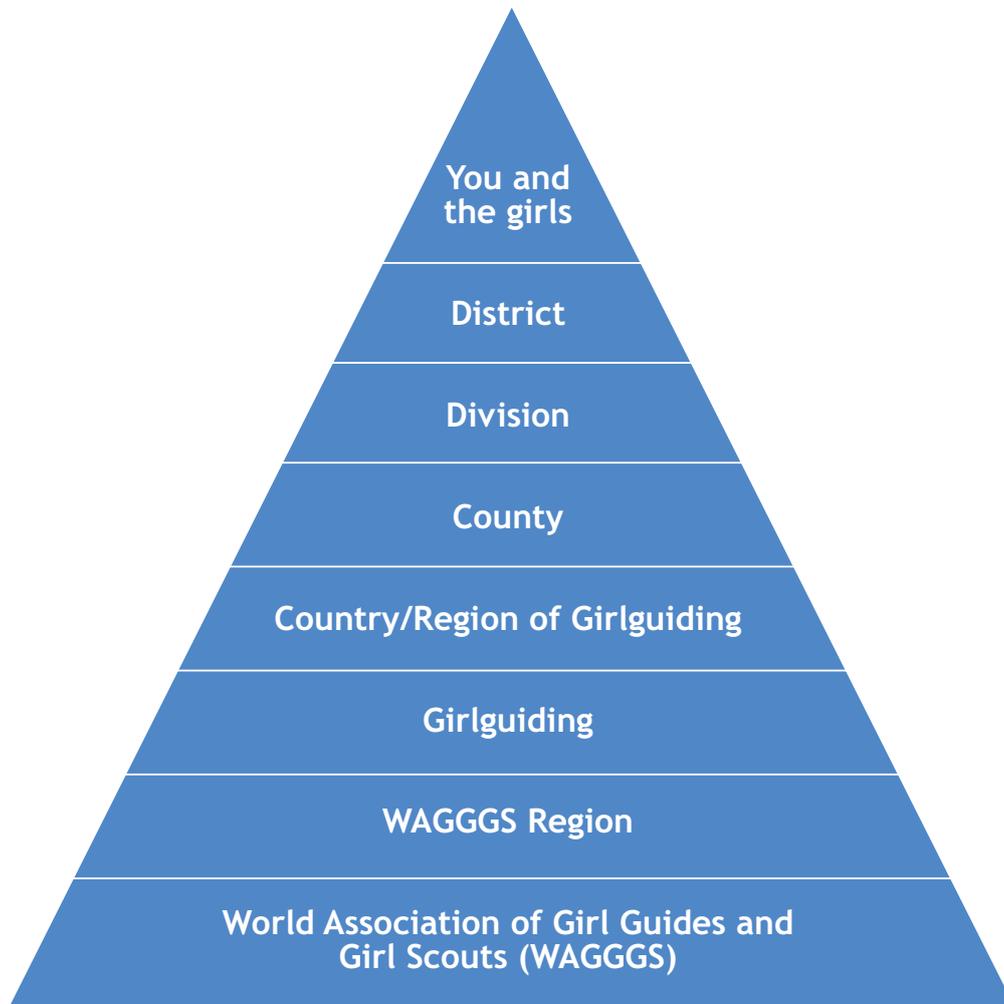
SHOW:	Show departure lounge PowerPoint slide with the following trips: <ul style="list-style-type: none"> ● Girlguiding Charity Challenges ● international camps in the UK ● international camps abroad ● County trips ● Country trips/Region trips ● open application trips where other participants are unknown ● unit trips ● service crew opportunities ● inter-railing trips (travelling on trains around Europe) ● World Centre trips ● Guiding Overseas Linked with Development (GOLD) ● joint trips with Scouts ● International Community Experience (ICE) ● exchange trips ● large international events (often run by Countries/Regions eg Capital Jig, Roam to Rome) ● Disneyland Paris etc ● holidays at an accredited activity centre. 	Slide 16 
GIVE:	Give cards with each item on the departure board (Activity 2, page 9) to participants. Ask them to arrange the cards in their perceived order of difficulty and discuss. Afterwards you may choose to give them Handout 2 (page 10).	Activity 2: Departure board cards 
EXPLAIN:	Explain that the local International Adviser will be able to provide further information on the types of international trips available. There are also other guiding resources and opportunities to support you with international-themed activities with girls and young women. Provide participants with Handout 3 which can be found on page 11.	Handouts 2 and 3  

7. Guiding all over the world and Summary (Duration: 20 mins)

SHOW:	<p>Show slideshow of images from real trips or one of the videos about international experiences - search www.girlguiding.org.uk for 'International adventures'.</p>	<p>Slide 17 </p> <p>Slides 18-44 </p>
EXPLAIN:	<p>Anyone wishing to complete the Travelling Abroad module of the Going Away With Scheme must have completed the following as a minimum:</p> <ul style="list-style-type: none"> ● hold the Going Away With Licence (modules 1-4) ● have led a Girlguiding residential event lasting two nights or more ● complete the programme module of the Going Away With Scheme (module 6) for the section you are taking away on the international trip. <p>There are three Travelling Abroad... Made Easy sessions which help Leaders with planning and preparing for travelling abroad with girls and young women in guiding.</p> <p>The three 'Travelling Abroad... Made Easy' sessions are:</p> <ul style="list-style-type: none"> ● Planning and Preparing ● Participants and Parents ● Leading and Evaluating. <p>There is also a Travelling Abroad... Further Afield session which is aimed at experienced travellers considering taking girls and young women to remote and challenging destinations.</p>	<p>Slide 45</p>
ASK:	<p>Find out what the participants' next steps will be. Ask whether they have any questions.</p>	
SAY:	<p>Inform participants of the dates and times of the next Travelling Abroad... Made Easy sessions if known. Alternatively, collect names of participants interested in Travelling Abroad... Made Easy to pass to your local training organiser.</p>	

Handout 1: Where do we fit into guiding?

There are many levels in guiding and they are all important in helping the organisation grow and achieve its goals.



In addition to the above diagram, Girlguiding also has Branch Associations in the UK Overseas Territories, eg Falkland Islands. Girlguiding includes British Guides in Foreign Countries (BGIFC). See how much you already know about the following:

I am a Leader with _____ Unit.

Our section is: Rainbows/Brownies/Guides/Senior Section.

My District is _____. My Division is _____.

My County is _____. My Country/Region is _____.

There are _____ Countries/Regions in the UK.

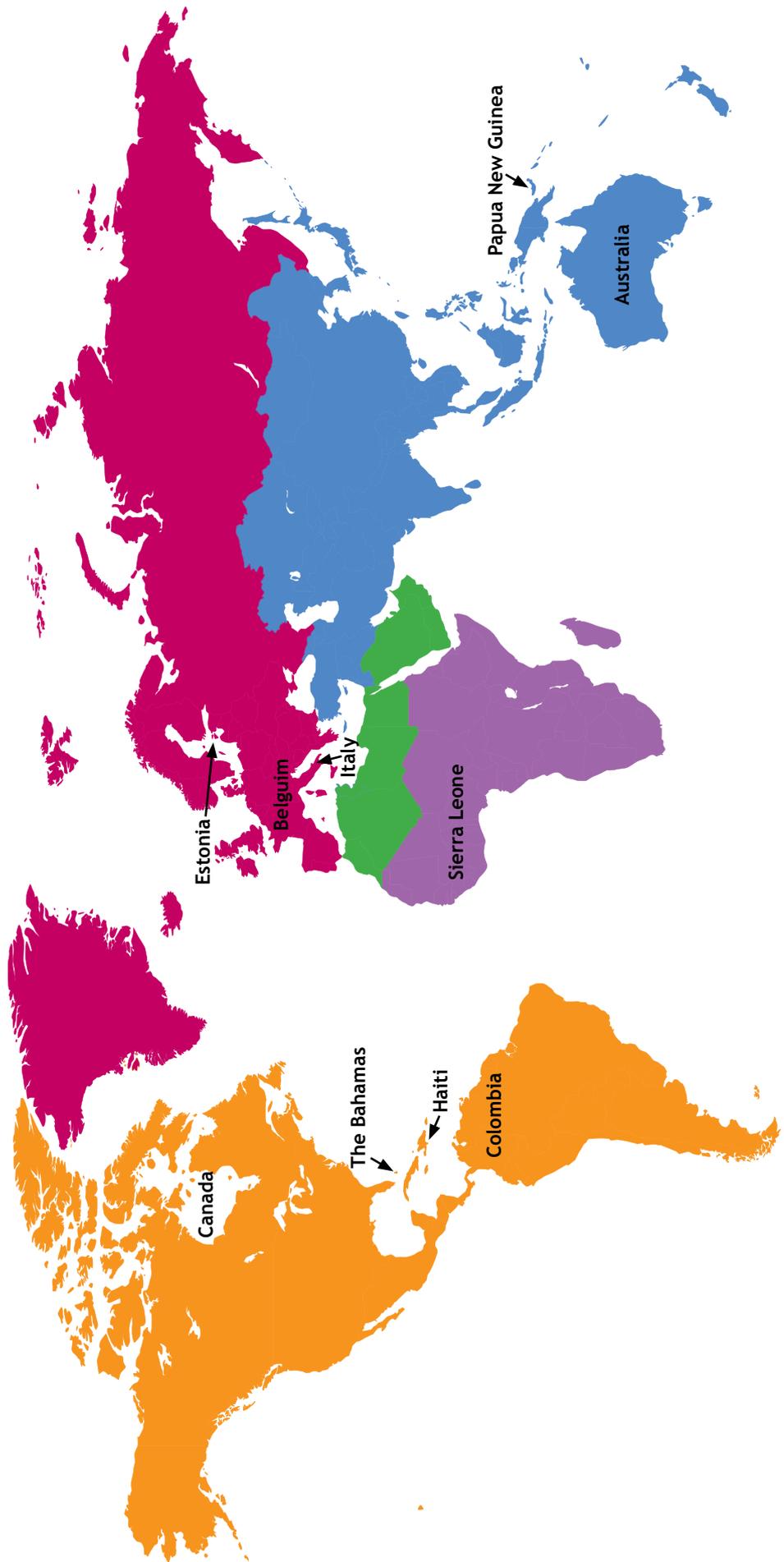
The five WAGGGS World Regions are: _____

Colour	WAGGGS Region

- Estonia
- Haiti
- Italy
- The Bahamas
- Papua New Guinea
- Sierra Leone
- Australia
- Belgium
- Canada
- Colombia



Colour	WAGGGS Region
	Western Hemisphere
	Europe
	Arab
	Asia Pacific
	Africa



Activity 2: Departure lounge cards

<p>Girlguiding Charity Challenges Offer members a once-in-a-lifetime adventure while raising funds for Girlguiding.</p>	<p>International camps abroad These are camps organised in other countries which can be attended by members of Guiding and Scouting from around the world.</p>
<p>Country/Region trips These could be to any country in the world and could be to complete a service project in a developing country, attend a camp or jamboree etc.</p>	<p>Unit trips Can range from a trip as a unit to France over a weekend to a longer time away at a World Centre or an international camp.</p>
<p>Inter-railing trips Travelling by train around Europe.</p>	<p>Guiding Overseas Linked with Development (GOLD) These projects are a chance to work in partnership with other Guiding Associations around the world and are organised by Girlguiding Headquarters. Young women aged 18-30 are selected at an INTOPS (International Opportunities) weekend. For further details, please contact gold@girlguiding.org.uk.</p>
<p>Holidays at an accredited activity centre: These are residential events held at activity centres which offer a planned programme and often adventurous activities on site.</p>	
<p>International Community Experience (ICE) ICE combines a community action project and international activities for the younger age range (10-13). Girls choose to participate in these trips and there isn't a selection process.</p>	<p>Disneyland Paris Particularly popular as a Brownie trip, often organised by commercial tour operators such as Venture Abroad or Jeka.</p>
<p>International camps in the UK A camp organised in the UK, to which groups from other countries are invited - creating an international experience at home.</p>	<p>County trips A trip organised at local level, generally with participants who are chosen at an international selection event.</p>
<p>Open application trips (other participants are unknown) These could be organised by a County, a Country/Region or nationally. Applicants are selected and are unlikely to know others who are applying.</p>	<p>Service crew opportunities Individuals can apply to work on the International Service Team at an international camp or jamboree held in the UK or organised by another country.</p>
<p>World Centre trips There are four World Centres: Pax Lodge (London), Our Chalet (Switzerland), Our Cabaña (Mexico) and Sangam (India). Each Centre organises a programme of events and activities which any member of WAGGGS can attend.</p>	<p>Joint trips Groups can join with another organisation (eg The Scout Association) or with another local unit. All sorts of travel options can take place as a 'joint trip'.</p>
<p>Exchange trips These often involve meeting and working with other Guiding Associations through an exchange programme.</p>	<p>Large international events (often run by Countries/Regions) This could be an international event hosted in the UK with international participants, for example a camp.</p>

Handout 2: Types of international experiences

Girlguiding Charity Challenges: Offer members a once-in-a-lifetime adventure while raising funds for Girlguiding.

International camps abroad: These are camps organised in other countries which can be attended by members of Guiding and Scouting from around the world.

Country/Region trips: These could be to any country in the world and could be to complete a service project in a developing country, attend a camp or jamboree etc.

Unit trips: Can range from a trip as a unit to France over a weekend to a longer time away at a World Centre or an international camp.

Inter-railing trips: Travelling by train around Europe.

Guiding Overseas Linked with Development (GOLD): These projects are a chance to work in partnership with other Guiding Associations around the world and are organised by Girlguiding Headquarters. Young women aged 18-30 are selected at an INTOPS (International Opportunities) weekend. For further details, please contact gold@girlguiding.org.uk.

International Community Experience (ICE): ICE combines a community action project and international activities for the younger age range (10-13). Girls choose to participate in these trips and there isn't a selection process.

Holidays at an accredited activity centre: These are residential events held at activity centres which offer a planned programme and often adventurous activities on site.

Disneyland Paris: Particularly popular as a Brownie trip, often organised by commercial tour operators such as Venture Abroad or Jeka.

International camps in the UK: A camp organised in the UK, to which groups from other countries are invited - creating an international experience at home.

County trips: A trip organised at local level, generally with participants who are chosen at an international selection event.

Open application trips (other participants are unknown): These could be organised by a County, a Country/Region or nationally. Applicants are selected and are unlikely to know others who are applying.

Service crew opportunities: Individuals can apply to work on the International Service Team at an international camp or jamboree held in the UK or organised by another country.

World Centre trips: There are four World Centres: Pax Lodge (London), Our Chalet (Switzerland), Our Cabaña (Mexico) and Sangam (India). Each Centre organises a programme of events and activities which any member of WAGGGS can attend.

Joint trips: Groups can join with another organisation (eg The Scout Association) or with another local unit. All sorts of travel options can take place as a 'joint trip'.

Exchange trips: These often involve meeting and working with other Guiding Associations through an exchange programme.

Large international events (often run by Countries/Regions): This could be an international event hosted in the UK with international participants, for example a camp.

Handout 3: International themed section resources for use in the meeting place

Rainbows	
Roundabout: Global Adventure	www.girlguidingukshop.co.uk [order code: 6171]
Roundabout: Festivals	www.girlguidingukshop.co.uk [order code: 6167]
Roundabout: The World	www.girlguidingukshop.co.uk [order code: 6163]
Brownies	
Discovering faith badge	Search www.girlguiding.org.uk > Brownies
World cultures badge	
World guiding badge	
World issues badge	
World traveller badge	
Guides	
Culture badge	Search www.girlguiding.org.uk > Guides
Discovering faith badge	
Interpreter badge	
World cultures badge	
World guiding badge	
World issues badge	
World traveller badge	
Go For It! Globalistic!	
Go For It! Take action	
The Senior Section	
Commonwealth Award	Search www.girlguiding.org.uk > The Senior Section
Look Wider	