



Sample aims and objectives for Training sessions

Theme	Aims	Objectives	Context
Out & about	To encourage Leaders to arrange activities away from the meeting place. To increase participation in the adventurous aspect of our programme	By the end of this session the participants will have had the opportunity to: <ul style="list-style-type: none"> • share ideas of places to visit suitable for each section • discuss the advantages to be gained from meeting in a different environment • complete a risk assessment form for a visit to..... • go on-line to look at locations offered by the local Council and other providers • look at a selection of resources on display 	County Cross-sectional Two-hour training session
1 st Response refresher	To enable Leaders to refresh their knowledge acquired on the full course and keep up to date, to ensure Girlguiding members are kept as safe as possible while they are in our care.	By the end of this session participants will have: <ul style="list-style-type: none"> • been updated with changes since their last course and have first aid information which is relevant to their role • built confidence and skills in coping with emergency and first aid situations • been equipped with the knowledge needed to manage these emergencies 	County Leaders who already hold 1 st Response Qualification Two hour training session

<p>Growing Guiding</p>	<p>To encourage participants to recruit more adult volunteers.</p> <p>Encourage participants to think about the Five Essentials and how <i>Good guiding is...</i> can help to retain girls.</p>	<p>By the end of this session participants will have had the opportunity to</p> <ul style="list-style-type: none"> • discuss ways others have found successful to promote guiding • create an action to take back to their local area for discussion • discuss flexibility and inclusion <p>By the end of this session participants will have had the opportunity to:</p> <ul style="list-style-type: none"> • take part in an activity showing how well they know their girls • identify areas of strength and need for improvement in applying the Five Essentials • share ideas for retaining girls of different ages • look at resources available to support retention 	<p>County Cross sectional 1.5 hour training session</p> <p>County Cross sectional Two hour session</p>
<p>Helping Young Leaders</p>	<p>To help Leaders to provide support for Young Leaders in their Units</p>	<p>By the end of this session participants will have had the opportunity to:</p> <ul style="list-style-type: none"> • air and share how they use Young Leaders in their units • discuss the opportunities that they can offer Young Leaders to contribute more fully in unit programmes • look at copies from <i>guiding</i> magazine showing examples of relevant items to Young Leaders • discuss how we in Girlguiding can support Young Leaders with areas of 	<p>County Leaders who have Young Leaders in their units 1.25 hour session</p>

		concern	
Dealing with issues and complaints	To increase confidence and encourage Commissioners to address issues, complaints and concerns as soon as they arise.	By the end of this session participants will have had the opportunity to: <ul style="list-style-type: none"> • identify whether issues are complaints, comments, concerns or questions • establish which complaints, comments, concerns or questions are best dealt with locally and which need escalating • look at the Girlguiding four stage complaints policy • discuss how to equip Leaders with the necessary skills to address the above locally 	Country/Region Commissioners Two hour training session
Travelling Abroad	To enthuse Leaders and give them the encouragement to take their unit members abroad safely	By the end of this session participants will have had the opportunity to: <ul style="list-style-type: none"> • discuss places they might travel to with a company eg Jeka • see a PowerPoint presentation on the Travelling Abroad Module • work together in pairs to draw up a risk assessment for a scenario provided • view portfolios of previous visits to Switzerland and France • arrange to talk on a 1:1 basis with the County Adviser about taking the module 	County Training Leaders who have expressed an interest in finding out more about Travelling Abroad 1.75 hour session
Girlguiding branding	To help Leaders develop their understanding of Girlguiding's brand	By the end of this session participants will have had the opportunity to: <ul style="list-style-type: none"> • familiarise themselves with the Girlguiding brand identity • receive an overview of the background of the brand development • look at the key messages and how they relate to their role 	County Leaders 1.5 hour session
The Rainbow programme	To encourage new Leaders to use the wide variety of resources	By the end of this session participants will have had the opportunity to: <ul style="list-style-type: none"> • discuss what leads to 'good guiding' in 	County Rainbow Leaders 1.5 hour session

		<p>the Rainbow section</p> <ul style="list-style-type: none"> • view some plans from Rainbow meetings to identify opportunities for Rainbows to experience a variety of activities (not craft every week) • look at Rainbow resources and identify how you would ask the Rainbows to choose activities from them • share ideas about how Rainbows can make choices and evaluate effectively 	
<p>The Promise incorporated into <i>Festivals and Celebrations</i> in the Rainbow programme</p>	<p>To enable Leaders to understand how the Promise pervades all we do in Rainbows</p>	<p>By the end of this session participants will have had the opportunity to</p> <ul style="list-style-type: none"> • discuss what leads to ‘good guiding’ in the Rainbow programme • discuss a plan for a meeting on a festival theme and the activities that might be in the meeting • identify how the Promise plays a part in these activities • exchange ideas about helping Rainbows understand the meaning of their Promise. • Look at resources from the web to do with the Promise and identify when they could be used 	<p>County training Rainbow Leaders 1.75 hour session</p>
<p>The Brownie Programme- to encourage girl-led guiding</p>	<p>The aim of the session is to provide Brownie Leaders with ideas and activities to ensure a girl-led guiding programme</p>	<p>By the end of this session participants will have had the opportunity to:</p> <ul style="list-style-type: none"> • plan a girl-led guiding programme using the <i>Adventures Book</i> • discuss Pow-wow’s • Trial a few activities based on choice that reinforce girl-led guiding. • consider the challenges of flexible guiding • share ideas about stretching the older Brownies with a view to transition 	<p>Division/District training Brownie Leaders working for their Leadership Qualification 1.5 hour session</p>

<p>Themes for Brownies on holiday</p>	<p>To encourage Leaders to use ideas from the Brownies to add excitement to the holiday programme</p>	<p>By the end of this session participants will have had the opportunity to:</p> <ul style="list-style-type: none"> • discuss ways of drawing out ideas from the Brownies • share themes that Brownies have enjoyed • consider what makes something exciting for a seven year old and compare with what a nine year old Brownie would find challenging • prepare a list of themes to suggest to the Brownies “Would you like to.....OR.....” • develop one idea as a group 	<p>County Brownie Leaders 1.5 hour session</p>
<p>Not just Go For Its!</p>	<p>To encourage Guide Leaders to create balance and variety within their programmes</p>	<p>By the end of this session participants will have had the opportunity to:</p> <ul style="list-style-type: none"> • look at a wealth of resources provided by Girlguiding -in hard copy and on the web and identify when they might be used • reflect upon their current practice and share good practice • discuss balance within the programme using <i>Good guiding is....</i> • try out a variety of practical activities • set up a County support network for ideas 	<p>County Guide Leaders 2 hour session</p>