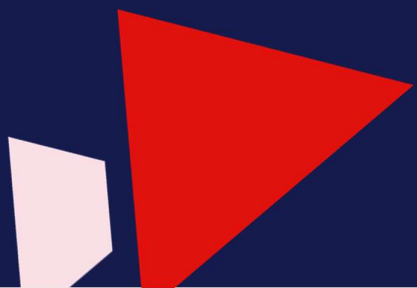
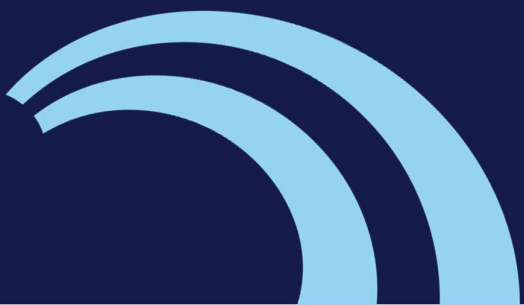




Girlguiding



1st Response Factsheet: Spinal Injury

- Suspect a cervical spine injury in a person who fell or dived from a height, was crushed by a heavy object or was involved in a road traffic or a sporting accident.
- Minimise movement of the neck. If the person is awake and alert, encourage them to self-maintain their neck in a comfortable, stable position.
- Never force an uncooperative person into any position, as this may exacerbate an injury.
- Do not move the patient. If the patient is unresponsive you may need to open the airway whilst avoiding moving the neck.
- Approach & Positioning:
 - Approach the patient from the head, not the side, to avoid turning their head.
 - Instruct the patient to keep their head completely still.

