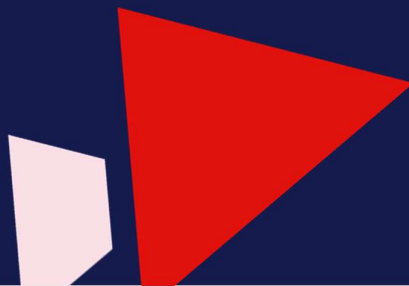




**Girlguiding**



# 1<sup>st</sup> Response Factsheet: Snake Bite

The only indigenous, highly venomous snake in the UK is the Adder (also known as the European Viper), which has a haemolytic toxic venom.

## Treatment and positioning

- Call 999 or attend the nearest emergency department.
- Keep the person calm and at rest.
- Keep the bitten body part still and immobilise the affected limb, as this may slow the spread of venom.
- Remove tight clothes, rings or watches from the affected limb.
- Avoid harmful actions:
  - Do not apply a pressure dressing, ice, heat, or use tourniquets.
  - Do not cut the wound and never try to suck out the venom

