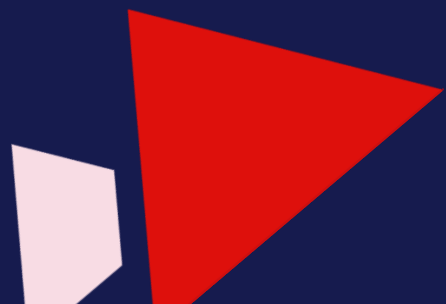


Girlguiding



1st Response Factsheet: Sepsis

Sepsis (also known as blood poisoning) is the immune system's overreaction to an infection or injury. Normally our immune system fights infection – but sometimes, for reasons we don't yet understand, it attacks our body's own organs and tissues. If not treated immediately.

Although it is not a common condition, you should also be aware of meningitis. Meningitis is an infection of the protective membranes that surround the brain and spinal cord (meninges). It can affect anyone, but is most common in babies, young children, teenagers and young adults

Signs and symptoms (Children)

- Breathing very fast
- Has a 'fit' or convulsion
- Looks mottled, bluish or pale
- Has a rash that does not fade when you press it
- Is very lethargic or difficult to wake
- Feels abnormally cold to touch
- They may not have all these symptoms.

Signs and symptoms (Adult)

- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing no urine (in a day)
- Severe breathlessness
- It feels like you're going to die
- Skin mottled or discoloured
- Sometimes symptoms can be vague and can be like other conditions, including flu or chest infection.