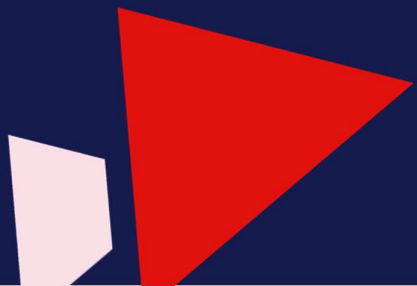




Girlguiding



1st Response Factsheet: Dental Incidents

Emergency first aid will be required if:

An adult tooth is knocked out

Treatment

There are things you can do yourself before seeing a dentist if your tooth has been knocked out:

- Hold the tooth by the white bit that sticks out of the gum (the crown) – do not touch the root.
- If the tooth is dirty, rinse it gently in milk, saline or saliva.
- Try to put it back into the hole in the gum.
- Bite down gently on a clean cloth to hold the tooth in place if it goes back in easily.
- Go to a dentist as soon as possible.
- Tap water and saline are not recommended.

Do not put a baby tooth back in as it could damage the tooth growing underneath.

