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| **1st Response syllabus** |
| **Unless otherwise stated (as identified by \* or \*\*) items can be delivered in a theoretical way, using trainer delivered or video content.****Items identified with \* can be delivered in either theory or practical methods, recognising that a variety of factors may make this not possible, where possible practical activities would be encouraged.****Items identified with \*\* must be demonstrated practically by the participants (although those who are not able to do this may instruct others in doing the skill), and with a combination of trainer delivered, video and practical teaching methods to aid with learning.**  |
|  | Session in 1st Response Course |
| **Life Support**Demonstrate their knowledge of  1. Use of AED (automated external defibrillator) \*
2. Choking \*
3. Causes and level of unresponsiveness
4. Recovery / safe airway position \*
 | 1 |
| **Life Support**Demonstrate (or instruct a trainer) your skill in performing and your knowledge of1. Approach and assessment \*\*
2. CPR for an adult \*\*
3. CPR for a child \*\*
 | 1 |
| **Trauma and injury*** Shock
* Bleeding\*
* Fractures and sprains \*
* Head injury
* Dental incidents
* Burns
 | 2 |
| **Major Illness** * Asthma
* Anaphylaxis \*
* Heart attack
* Stroke
* Seizures
* Diabetes
* Sepsis/Meningitis

Note: Anaphylaxis can have some practical delivery should qualified individuals be available to assist with the practical demonstration of the use of adrenaline auto-injectors.  | 3 |