



WE DISCOVER, WE GROW

Girlguiding

Scotland

How your school can get involved in

# Girlguiding

Give your girls the chance to have great experiences and reach their full potential



# Unleash your girls' potential,

From trying amazing new activities and adventures to building body confidence, from learning to lead to making new friends, Girlguiding opens up a world of opportunities for girls - and helps them develop important skills for learning, skills for life, skills for work.



## What's Girlguiding all about?

Girlguiding may be more than 100 years old, but what we offer is right up-to-date. Today our girls still camp and cook, but they also campaign, quad bike, challenge gender stereotypes, try science experiments, write plays, learn circus skills... the list goes on.

Led by trained volunteers, groups usually meet once a week but it is down to the individual unit to decide what is best for them. Girls work towards badges in a huge range of areas, in teams and on their own initiative; and there are activities year-round.

We're for girls only, and every girl is welcome. Girls aged 5-7 are Rainbows, 7-10-year-olds are Brownies, and 10-14-year-olds are Guides. We've also got a Senior Section for 14-26-year-olds.

## How can Girlguiding benefit your school?

Girlguiding won't just benefit your girls - your school will get a lot out of hosting a group or helping us promote Girlguiding too.

**Complementing the curriculum.** Small-group work, peer-to-peer support and enquiry-based learning are enhanced and developed by Girlguiding, meaning better results for your pupils. For younger girls, Girlguiding helps boost independence, friendship, personal discovery and more.

**Whole-school improvements.** Girlguiding can make girls happier, more confident and more focused. This can lead to improved behaviour, attendance, commitment and attitudes from pupils at all levels.

**Raising your school's profile.** Girlguiding is a great thing to add to your extra-curricular activities. You can use Girlguiding activities and events in your marketing, impressing pupils, parents, inspectors, and education authorities.

**Improving links with the community.** A key part of Girlguiding is working in the community, giving your school a chance to strengthen links and share knowledge, skills and resources with other groups and schools.

**"Because of Rainbows she is more confident, she speaks about her feelings clearly and she's able to express herself in a very positive way"**  
Rainbow parent

# help your school thrive

## How does Girlguiding benefit girls?

Girlguiding will give your girls a huge array of experiences, and develop skills and qualities they'll use at school and throughout their lives.

### Girlguiding gives girls...

**A space to explore, dream and achieve.** Girlguiding gives girls confidence, passion and a unique space to discover who they really are - and it shows them that the sky's the limit when it comes to aspiration

**New, exciting opportunities.** Girlguiding develops adventurous spirits! Whether it's their first night away from home, the first time they've presented to a group or the first time they've met young people from another country, Girlguiding is all about embracing the new and extending horizons.

**Skills and knowledge.** Girlguiding helps girls develop so many important life skills to complement what you teach in the classroom. Leadership and teamwork are the big ones, with initiative and independence high on the agenda too.

**A chance to change the world.** Community action is built into our programme, and is a powerful force for good - we support charities in our local community as well as taking action on issues affecting our wider global community.

**Strength and confidence.** Girlguiding tackles the big issues girls face head on, helping them become strong, confident young women. From healthy relationships to mental well-being and body confidence, we educate, empower and inspire.

*'There are many good examples where schools and youth work are working collaboratively to plan and deliver personalised learning opportunities for young people as part of the curriculum, and we must continue to build upon this. It is important that youth work activities undertaken outwith the school day are also recognised and valued as part of Curriculum for Excellence. ... teachers, youth workers and others who work with young people both inside and outside school are central to young people achieving the four capacities.'*

**National Youth Work Strategy,  
2014 -2019**



## Did you know Rainbows and Brownies can...

...do projects and experiments towards Science Investigator badges, Book Reader badges, Number Cruncher badges and other badges that give them the opportunity to learn about everything from construction to space exploration!



# Girlguiding needs your school!

We'd love to make our amazing programmes available to the girls in your school.



You could:

- **Host an assembly**  
or a taster session with girls from local units to inspire your pupils
- **Let us reach out to parents through school events**  
and material sent home
- **Provide a venue**  
or other logistical support for group activities

We can offer you...

- Opportunities for adults, including training, qualifications and support from local volunteers
- Payment for use of facilities
- Engagement with the local community

**Interested?**

Get in touch with your local contact below:

Find out more at [www.girlguidingscotland.org.uk](http://www.girlguidingscotland.org.uk)

