



# YORKSHIRE THREE PEAKS WEEKEND

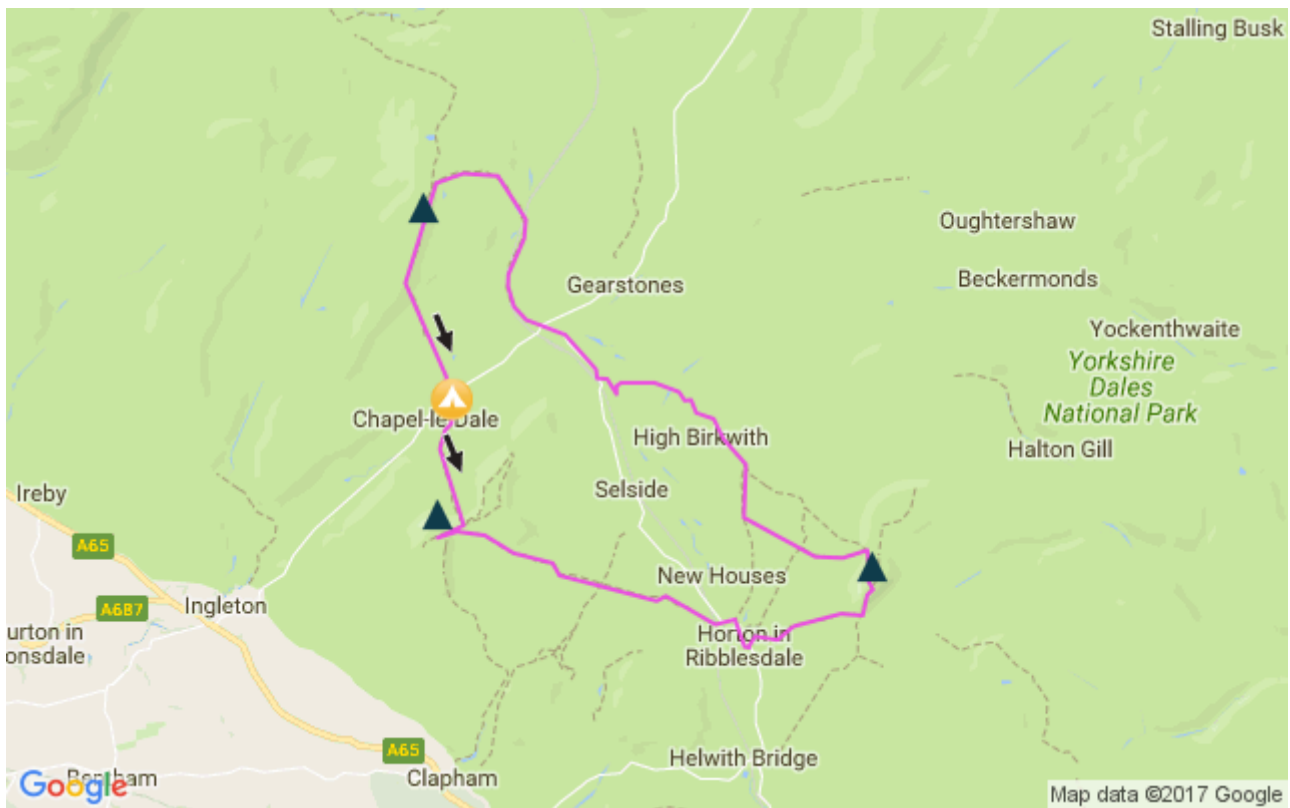
UK • TREK • TOUGH

## ABOUT THE CHALLENGE

This region was shaped by glaciers many thousands of years ago, and there are plenty of geological landmarks – striking limestone outcrops and unusual rock formations – to pique our interest as we walk. We will also see the famous Ribbleshead Viaduct enroute, part of the scenic Settle to Carlisle railway line. This is an extremely tough event over hilly landscapes; at 24 miles it forms an enormous challenge for walkers.

**YORKSHIRE THREE PEAKS WEEKEND** • 3 DAYS

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## Day 1: Arrive Camp, Yorkshire Dales

We meet late afternoon at our campsite near Chapel-le-Dale, nestled between two of our three peaks. After dinner and a thorough trip briefing we prepare our kit and get a good night's sleep, ready for tomorrow's strenuous challenge!

## Day 2: Ingleborough & Whernside

After a good fuelling breakfast in camp, we set off, walking south through the broad green dale, criss-crossed with dry-stone walls. Ingleborough's stepped shape - due to its alternating layers of limestone, sandstone and shale - rises before us. Whernside, our second peak, dominates the landscapes behind us. We pass through the village of Chapel-le-Dale and soon reach the base of Ingleborough (723m), where a stepped path zig-zags fairly steadily to the summit of our first peak. We soak up the views over the surrounding dramatic landscapes, an area of rocky outcrops and limestone scars, and the impressive sight of the famous 400m-long Ribblehead Viaduct, built in the 1870s.

We then descend along a ridge to the valley below, where we walk parallel to the Settle - Carlisle Railway, enjoying a flattish section! We pass through Ribblehead, at the head of Chapel-le-Dale, and can admire the Viaduct from close quarters.

From here we can also see the distinctive whale-back shape of Whernside (736m). We pass numerous limestone escarpments and outcrops; this amazing scenery provides wonderful motivation to keep our legs moving! We gradually begin our ascent, following a slabbed path all the way to the summit. The last section is particularly steep but our efforts are rewarded with the views - on a good day you can see across to Morecambe Bay on the west coast - and the knowledge that it's not far back to camp! After a short break we come down steeply off the mountain and trek the relatively short and flat distance to camp, where we enjoy a great evening meal in camp with our fellow trekkers. Night camp.

**Trek approx. 12 miles (6-8 hours)**

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### **Day 3: Pen y Ghent; Depart**

A short transfer (15-20 mins) takes us to Horton in Ribblesdale, where we take the Pennine Way towards our third and final peak – the distinctive stepped outcrop of Pen-y-Ghent. As we ascend, we enjoy good views back towards Horton and across to yesterday's achievements: Wharfedale and Ingleborough. Clear, well-worn paths lead us quite steeply up to the summit; there are some steep stone steps too. We enjoy time at the summit (694m) to take in the views before taking a westerly path down off the mountain and loop round to Horton once more (exact route may depend on group ability), feeling pretty pleased with ourselves and our accomplishments! After the short transfer back to camp, we say goodbye to the new friends we've made and the incredible scenery we conquered, and head home, taking a huge sense of achievement with us.

**Trek approx. 6-8 miles (4-5 hours)**

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## **WHAT'S INCLUDED**

- All food, accommodation and camping equipment
- Transfers within trek
- Discover Adventure leaders, cooks and drivers
- Full vehicle support
- Optional pick-ups or drop-offs from Horton in Ribblesdale Railway Station

## **WHAT'S EXCLUDED**

- Travel insurance (optional)
- Personal items such as drinks, snacks and souvenirs
- Sleeping bag and sleeping mat
- Transport to / from the event
- Entry to any optional sites / activities
- Any applicable surcharges as per Terms and Conditions

## **TREK TRAINING WEEKEND**

**£160 Special Offer - Only when you book at the same time as registering for your main challenge**

Discover Adventure Trek Training Weekends take place in Snowdonia National Park, Wales. This training weekend is designed to put you through your paces to enable you to gauge fitness levels and gain advice from our experienced leaders.

## GRADE | DEMANDING (2)

This trip ramps up the challenge with some tougher terrain and longer days to be expected. We will supply you with a thorough training guide when you have registered. Training for the challenge is all part of the preparation and requires commitment! Without it, you will find the challenge less enjoyable - and we want you to have the time of your life!



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 3 Apr 2017, and the challenge is subject to change.