



LONDON TO PARIS CYCLE

UK, FRANCE • CYCLE • CHALLENGING

ABOUT THE CHALLENGE

Cycling from London to Paris is one of the great cycle experiences in Europe. Passing through picturesque Kent countryside, we cross the Channel and continue through the small villages and medieval market towns of Northern France. With long days in the saddle and some strenuous hill-climbs, the sight of the Eiffel Tower, our finishing point, will evoke a real sense of achievement. Our last day in Paris allows us to explore the sights and soak up the romantic atmosphere of this majestic city!

LONDON TO PARIS CYCLE • 5 DAYS



Day 1: London – Dover – Dunkirk

An early start from Blackheath Common allows us to avoid the morning traffic as we pass through the outskirts of London onto quieter roads. It is not long before we are among the rolling fields and villages of rural Kent, passing orchards and traditional oast houses where hops are stored. We follow country roads across the hills of the North Downs to Dover and the coast. Taking the ferry to Dunkirk, we have dinner on board and cycle the short distance to our hotel. Night hotel.

(Dinner on ferry not included)

Cycle approx. 136km (85 miles)

Day 2: Dunkirk – Cambrai

We head south from Dunkirk, riding roughly parallel to the Belgian border. A long day in the saddle lies ahead, but the terrain is fairly flat as we pass through small villages and farmland, with some areas of shady woodland. A few hills mid-way through our morning stretch the legs a little! The area we pass through saw a great deal of action in WW1 and many road-names in towns and villages testify to the history. Our afternoon is predominantly flat as we ride southeast, though a few hills await us before Cambrai, a town which dates back to Roman times. Night hotel.

Cycle approx. 161km (100 miles)

Day 3: Cambrai – Soissons

Today is shorter, but almost continually hilly, as we cross beautiful rolling landscapes, where fields of crops stretch for miles. For the first part of the day we pass small war cemeteries, reminding us of events a century ago. We have a great

view of the River Somme, which we cross before our first water-stop. Narrow lanes lined with hedgerows take us through small villages with ancient crumbling buildings, and we follow wider boulevards through historic towns with striking churches and town halls. The last section of our route runs through an area involved in the WW1 Battles of the Aisne, with more cemeteries and memorials to the fallen. With roughly ten miles to go, the road climbs steeply out of the pretty village of Vauxaillon, winding through woodland and into open fields with wonderful views. A rewarding descent brings us to Soissons, an ancient town which lies on the River Aisne. Night hotel.

Cycle approx. 114km (70 miles)

Day 4: Soissons – Paris

Our final day's cycling takes us southwest, on yet more undulating roads through small villages and farmland. There are some short sharp climbs in the morning, before we reach busier roads. As we cycle through the Parisian streets we look out for distinctive landmarks, feeling excited at being this close to our goal! Then we sweep around the Arc de Triomphe and down the famed Champs-Élysées to our finish beneath the lofty arches of the Eiffel Tower. We head to our hotel and get ready for a celebration meal to mark our achievement. Night hotel.

Cycle approx. 121km (75 miles)

Day 5: Paris – London

After breakfast you are free to explore the city; why not go up the Eiffel Tower or visit renowned attractions such as the Arc de Triomphe, the Louvre and Notre-Dame Cathedral. You are responsible for getting yourself and your bags to the Gare du Nord on time for your afternoon Eurostar train back to St Pancras, where you will be reunited with your bike.

(Lunch & Dinner not included)

WHAT'S INCLUDED

- All transport from London to Paris by return (by ferry and Eurostar)
- All meals except where specified and accommodation on a twin share basis
- Discover Adventure leaders, mechanics and drivers
- Full vehicle support throughout the trip
- Maps and route information
- Celebration meal in Paris

WHAT'S EXCLUDED

- Three meals as specified in the itinerary
 - Travel insurance
 - Bicycle
 - Cycle helmet (compulsory) and water bottles
 - Optional Discover Adventure bike courier return service
 - Personal spending money, souvenirs and drinks
 - Transport around Paris on Day 5, and any optional sites, attractions or activities
 - Any applicable surcharges as per Terms and Conditions
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CYCLE TRAINING WEEKENDS

£160 Special Offer - Only when you book at the same time as registering for your main challenge

Discover Adventure Cycle Training Weekends take place in and around the valleys and ridges of the chalk downs around Salisbury. They are designed to gauge your fitness so that you can be confident you are well prepared for the challenge ahead!

GRADE | CHALLENGING (1)

Trip grades range from Challenging (1) to Extreme (5).

CHALLENGING trips involve full days of activity, and are designed to be challenging for those of good health and fitness, but are achievable for most people with a commitment to training and a can-do attitude.



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 2 May 2017, and the challenge is subject to change.