

# Visual timetable How to use



WE DISCOVER, WE GROW

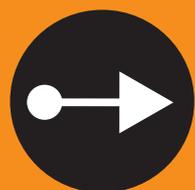
**Girlguiding**

The pack is split into 4 sections:



## Feelings

The feelings cards can be used by young people who are unable, or not confident to tell you how they feel so that they can ask for support or explain their behaviour. They can be kept where the girls can access them and handed to the leader as needed.



## Meeting structure

These cards can be used to show girls what is happening now, next and later in the meeting. Attach them to the wall, or a visible surface, and place the programme or special event cards underneath so girls can see the structure of the meeting. Cards, like 'stop' can be shown to girls as needed during a meeting or placed with programme cards to give more information.



## Programme

The programme cards show girls what they will be doing during a unit meeting. There are general cards, such as activity, and more guiding specific cards. Place these under the meeting structure cards to show when during meetings things will be happening.



## Special events

These cards are designed to show girls about special events that happen in guiding, such as residentials, World Thinking Day or Promise ceremonies. They contain a picture that can help explain an event and show girls what to expect.

The visual timetable pack can be used with our communication passports, which help young members with autism and learning disabilities to tell you all about themselves. The passports can be downloaded on our website - go to [Girlguiding.org.uk](https://www.girlguiding.org.uk) and search 'communication passports'.

Visual timetable  
Feelings



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**I am happy**

Visual timetable  
Feelings



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Girlguiding



**I am sad**

Visual timetable  
Feelings



**I am angry**

Visual timetable  
Feelings



**I am excited**

Visual timetable  
Feelings



**I am confused**

Visual timetable  
Feelings



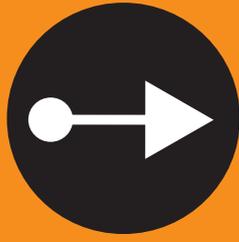
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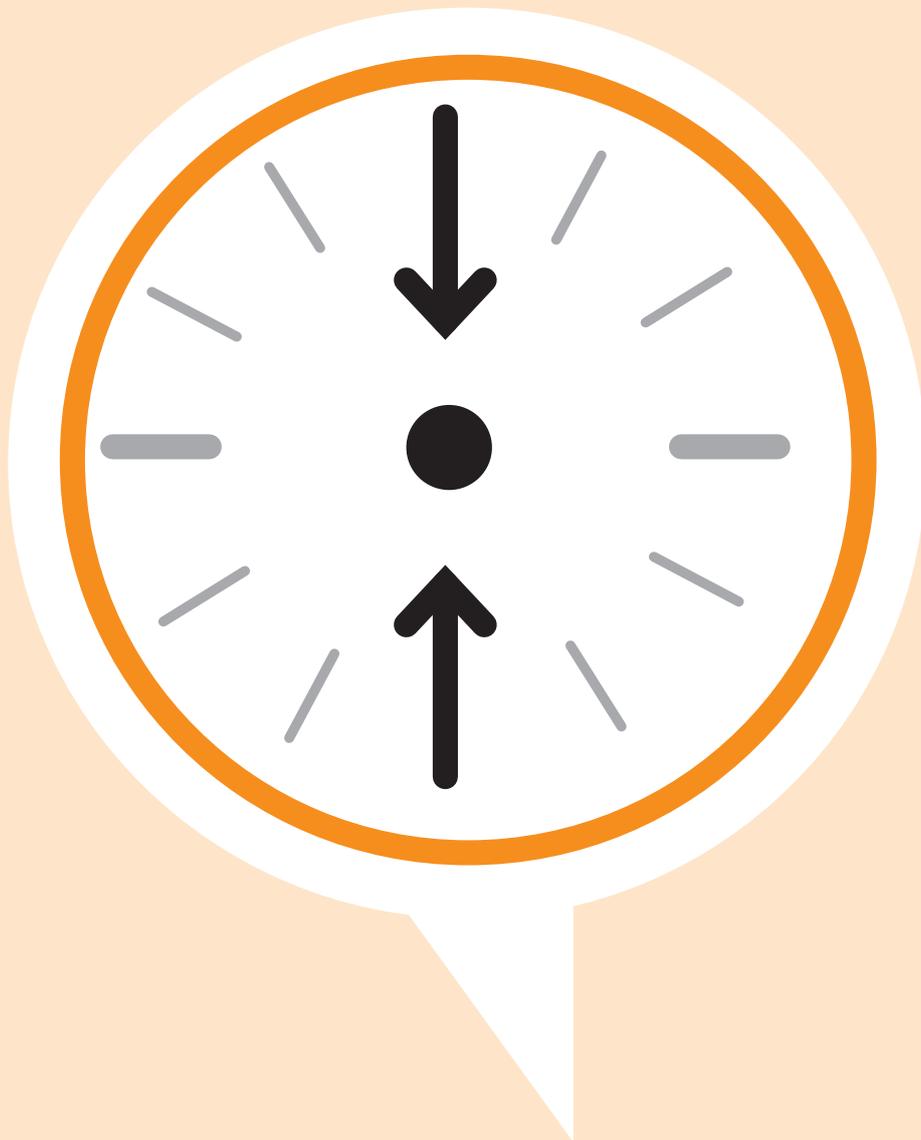
**I have a question**

Visual timetable  
Meeting structure



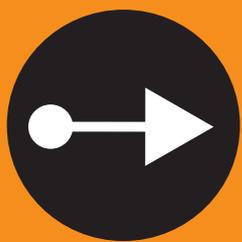
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**Now**

Visual timetable  
Meeting structure



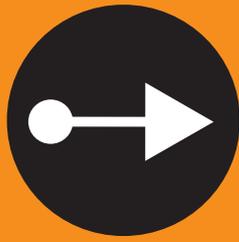
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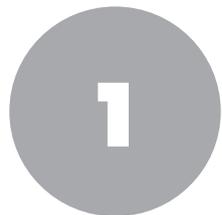
**Next**

Visual timetable  
Meeting structure



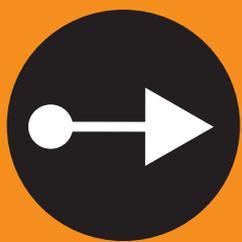
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**Then**

Visual timetable  
Meeting structure



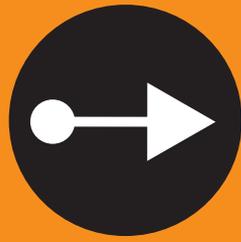
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**Stop**

Visual timetable  
Meeting structure



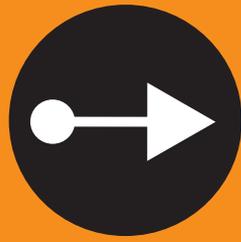
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**Small group**

Visual timetable  
Meeting structure



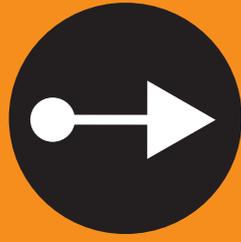
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**Large group**

Visual timetable  
Meeting structure



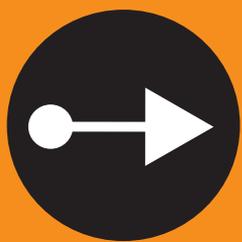
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**Individual**

Visual timetable  
Meeting structure



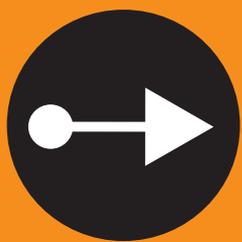
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**Snack**

Visual timetable  
Meeting structure



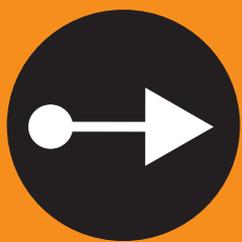
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**Lunch**

Visual timetable  
Meeting structure



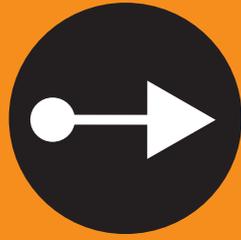
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**Drink**

Visual timetable  
Meeting structure



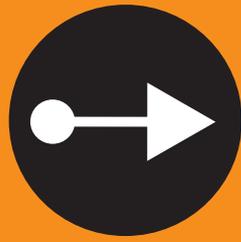
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**Tidy up**

Visual timetable  
Meeting structure



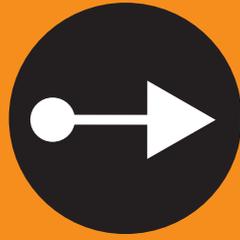
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**Home time**

Visual timetable  
Meeting structure



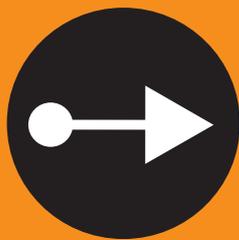
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**Toilet break**

Visual timetable  
Meeting structure



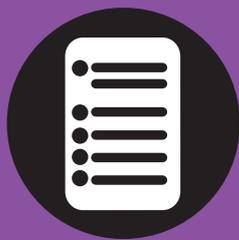
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**Washing hands**

# Visual timetable Programme



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# Song

# Visual timetable Programme



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## Art and craft

# Visual timetable Programme



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# Game

# Visual timetable Programme



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# Activity

# Visual timetable Programme



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## Badge work

# Visual timetable Programme



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# Cooking

# Visual timetable Programme



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# Performance

# Visual timetable Programme



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## **Sport**

Visual timetable  
Programme



**Olivia**

# Visual timetable Programme



## Circle time

# Visual timetable Programme



**Six**

Visual timetable  
Programme



**Buddy**

Visual timetable  
Programme



Sixer

**Sixer**

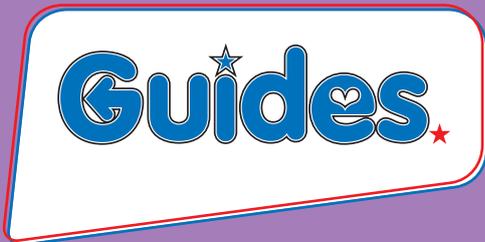
Visual timetable  
Programme



Second

**Second**

Visual timetable  
Programme



**Patrol**

Visual timetable  
Programme



**Patrol leader**

Visual timetable  
Programme



**Patrol second**

Visual timetable  
Programme



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**Baden Powell activity**

Visual timetable  
Special events



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**Promise ceremony**

Visual timetable  
Special events



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**Trip**

Visual timetable  
Special events



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**Sleepover**

Visual timetable  
Special events



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**Camp**

Visual timetable  
Special events



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**Holiday**

Visual timetable  
Special events



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**World Thinking Day**