



Girlguiding



# Young leaders

It's time for you  
to take the lead



## Welcome to your new role as a young leader.

We hope you enjoy volunteering with Girlguiding. We help all girls know they can do anything, and that includes you!



## Getting started

### Who will support you?

Unit leader: .....

Local commissioner: .....

Young leader coordinator: .....

### Setting a goal

When you start, take some time to have a chat with another volunteer in the unit about what you will do this term.

In my first term I would like to...

.....

## Knowing your unit

Now you know what you'd like to do – let's get going!

Work with the unit leader and other volunteers to find out important information about your unit.

- Meet the other volunteers in the unit.
- Share any additional needs you have with the unit leaders so they can support you.
- Be introduced to the girls in the unit.
- Find out about any additional needs that girls in the unit have, and how you can support them.
- Get to know your unit meeting place. For example, where the toilets are, how to set up the tables or where to find stationary and other equipment.
- Discover the structure of the unit meetings and how they start and finish.

## Creating safe spaces

It's really important to make sure that you're able to lead in a safe way for yourself and others. At Girlguiding we do this by completing a training called A Safe Space and making sure our information is up to date on the online membership system – GO.

- Work with your parent/carer to complete the new starter form for 14-17 year olds, including your own email address.
- Follow the steps in the **'creating a log-in'** email to log into GO.
- Look at the **'my profile'** area and update any missing information.
- Find out what to do in an emergency, including fire evacuation procedures and where the first aid kit is kept.
- Complete A Safe Space for 14-17 year olds. You can do this either through the e-learning on the learning platform or attend an in person training.

A safe space training completed on:.....

If you get stuck – check out the **how to use GO** or the **how to use the learning platform** webpages on the Girlguiding website or email [membershipsystems@girlguiding.org.uk](mailto:membershipsystems@girlguiding.org.uk) for help.

## Running activities

Now it's time to get stuck in working with the girls in your unit.

- Join in games with the girls in the unit.
- Work with small groups of girls to help them complete activities.
- Lead a game with a small group or the whole unit.
- With support, take the lead on delivering a unit meeting activity with a small group or the whole unit.

You can find out more about **our programme** on the Girlguiding website or by completing the programme e-learnings on the learning platform



## Making your promise

Our promise and law links us to other Girlguiding members and the millions of people involved in guiding across the world.

You may have already made your promise as a Rainbow, Brownie, Guide or Ranger, but did you know you can also make your promise as a young leader?

Find out more about **the promise and what it means**



If you would like to do this, speak to your unit leader.

## Reflecting on your journey

As you come to the end of your first term as a young leader, take a look back over what you've done.

Chat with another volunteer in the unit, you can use the questions below to help.

- ★ What has gone well?
- ★ Was there anything you found difficult or challenging?
- ★ What key things have you learnt?
- ★ What would you like to do next?
- ★ What are you most proud of?

### Well done

You completed your first term! You're a superstar.

We're so happy you're volunteering with us!

