

From **START** to **FINISH**

the Girlguiding PROGRAMME

has something for

EVERY GIRL.

Whether YOU'RE starting OUT IN

Rainbows

OR *joining us* later

in **RANGERS**

What do these theme names mean to you?
Throw the dice and let's find out...



<p>Aware of my strengths and weaknesses</p> <p>Know Myself</p> <p>Aspirations, Beliefs, Friendship, Confidence, Know what guiding means to me</p>	<p>Personal safety, Emotions, SPORTS, Fitness, Relax, FIRST AID, BIOLOGY, HELPING OTHERS, STRENGTH, PHYSICAL CHALLENGE, wellbeing</p> <p>Be Well</p> <p>Healthy MOVEMENT, care, Resilience, Care for self, for others, NUTRITION, Mental health, COOKING, Being safe</p>
<p>Jobs, M E A L, Life skills, PLANNING, INVESTIGATION, Practical, Money and finance, Problem solving, Future, Business skills, LEADERSHIP</p> <p>Skills For My Future</p> <p>Building, Construction, DIGITAL TOOLS, DIY, Independence, Maintenance</p>	<p>CONSERVATION, Fundraising, COMMUNITY, Advocacy, International, Politics, Ethical, Volunteering, Support, Influence, SPEAKING OUT</p> <p>Take Action</p> <p>Direct action, Local, Debate, NATIONAL, IMPACT, CAMPAIGN, Change, Issues you care about</p>
<p>Opinions, Experiment, Creativity, PERFORMANCE, Imagination, Non-verbal communication, DRAMA, CRAFT, INSPIRED</p> <p>Express Myself</p> <p>ARTS, Ideas, MUSIC, Body language, COMMUNICATION, STORY TELLING, Creative reading</p>	<p>Meeting new people, TRAVEL, CAMPFIRE, MAPS, Nature, Seasons, Overcoming fears, WILD ENVIRONMENTS</p> <p>Have Adventures</p> <p>CAMPING, Pioneering, OUTDOORS, Orienteering, Wildlife, EXPLORING, TRIPS, Active</p>

Cut me out and stick me together or download my template and other activities from: girlguiding.org.uk/celebrateeverygirl

It's time to take the first step.

Discover **YOUR** journey **#EveryGirl**

YOUR ADVENTURE will follow the same path through the programme themes.