

**Future Girl** is how all of us can come together to make a difference. It reflects the cares and concerns of girls from all over Girlguiding – some 76,000 girls and 16,000 leaders told us what they thought in the consultation in 2018. Now we're coming together to create the changes girls have told us they want to see. It's by girls and for girls. It's all of us working side by side to make good things happen and shape a better, fairer world for everyone.

The five Future Girl topics are what came up most often in the consultation, and now it's time to start talking about them. But maybe you have already? Using the poster in this pack (you'll find a colour one and a black and white for colouring in), let's see what girls think of these topics. What have you all already been doing to tackle these issues? You might have done more than you think.

Here are some thought starters to help kick off the discussion...

## Planet Protectors

Girls want everyone to take better care of our precious planet, and of the animals we share it with. They want to see a world with less plastic polluting our oceans and affecting wildlife. A world where recycling and reusing things are part of everyday life.

### Are you a Planet Protector?

- Do you recycle at home?
- Do you take care of an animal?
- What have we done together to help the environment and animals?

## Adventurers

Girls want to be able to have adventures wherever they find them. Without worrying about being treated differently or feeling unsafe. They believe that all girls, including those with disabilities, should have places to relax and do the things they love doing: outdoors and online. And women's sports should be just as visible and celebrated as men's.

### Are you an Adventurer?

- How do you like to stay active? What sports do you like to play?
- What would help you to have more adventures?
- What's your favourite adventure we've done together as a unit?





## Self Believers

Girls want to be able to be themselves – without feeling that they have to look or act a certain way. They'd like adults to be more aware of the pressures on young women – from school, from friends, from the media – and help them learn how to manage and challenge them. Girls would like to be accepted, by each other and the wider world, so they can feel stronger in themselves, being the person they want to be – not just what others want to see.

### Are you a Self Believer?

- What's the best thing about being a girl?
- What do you think it would be like if we all looked the same?
- What have we done as a unit to encourage each other to be ourselves?

## Respect Makers

Girls want to see a kinder world. One where people don't make fun of, hurt, or leave out others just because they're different, or because they're girls. One where they feel safe to express themselves both online and off. And one where everyone understands the importance of respecting each other. They want girls to feel safe and supported as they grow up, and as relationships change – knowing where to get help when they need it, and not feeling ashamed if they do.

### Are you a Respect Maker?

- How do you show people you care about them?
- Who would you speak to if you saw someone getting bullied?
- What would you do if something happened to you that you didn't think was right?

## Barrier Breakers

Girls want to see an equal world. One where girls know they can be or do whatever they want to – and where they can see girls and women of all sorts leading the way. One where they're taught useful life skills and encouraged to follow their passions – where no subject or job is off limits. They want to feel confident in speaking out about the things they care about – and to know that people will listen to what they say, and respect what they think.

### Are you a Barrier Breaker?

- Do you think girls can do everything boys can?
- What's your dream job?
- Who are the women you look up to?

These questions are just suggestions to get you started. If you don't feel comfortable talking about some of them, feel free to come up with your own or move on to another. And remember you can always read our *A safe space guide* beforehand.